

# SRC Member for Student Health

April – March, Part Time, Voluntary

## **Aim**

The role is to sit on the Wellbeing committee, to represent them on SRC, and to work with them on projects and campaigns in the areas of sexual health, mental health, physical fitness, and personal safety.

## **Key Responsibilities**

What you will be doing:

- Serve on the Student Representative Council
- Ensure Association policy considers the impact it will have on health, safety, and fitness.
- Propose projects to the Wellbeing committee and work on them with their help.
- Serve on the Wellbeing Committee, assist other committee members in their work, and promote their work to the student body

*How you will be doing it:*

- The role is flexible, and any SRC Member for Student Health can pursue projects with the Wellbeing Committee in any one or combination of the following: mental health, sexual health, physical health and fitness, and personal safety.
- The office holder will be offered an ordinary position in the committee and the extra responsibilities and work that entails (e.g., Secretary, Treasurer, Mental Health Rep, Sexual Health Rep, Personal Safety Rep, Physical Health and

Fitness Rep) chosen by the Director of Wellbeing. They can choose to decline that offer and serve as a Member without portfolio.

- Develop working relationships with other members of the Wellbeing Committee, the Director of Wellbeing, and where appropriate with Student Services, NHS Fife, the Athletic Union, and Police Scotland.
- Liaise with and be line-managed by the Director of Wellbeing.

## **Useful skills or characteristics**

- Commitment
- Ability to work in a team
- Enthusiasm
- Passion for wellbeing issues

## **Skills you can expect to learn/ develop**

- Greater team working skills
- Organization
- Campaign planning
- Event management

## **Expected Time Commitment**

6- 10 hours per week, on average

## **Further Questions**

Questions should be directed to the Wellbeing Committee (wellbeing@st-andrews.ac.uk) who can talk about the committee as a whole, as well as individual projects and remits of officers/ representatives.