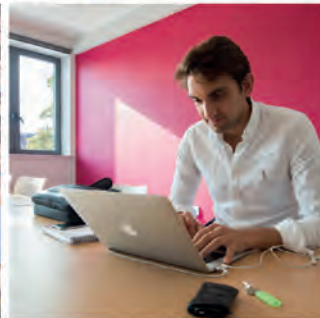


THE **BOOK** 2019

**THE UNIVERSITY OF ST ANDREWS STUDENTS' ASSOCIATION PRESENTS
A GUIDE TO EVERYTHING YOU NEED TO KNOW ABOUT UNIVERSITY LIFE IN ST ANDREWS**

YOUR UNION: YOUR STUDENT EXPERIENCE

REPRESENTATION | EVENTS | SPACES | WELLBEING | ACTIVITIES





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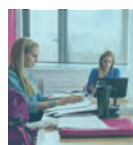
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WHO WE ARE

Welcome to St Andrews, this book is a condensed guide to introduce you to all things St Andrews, University and Students' Association related.

We (The Students' Association) are here to make your University experience as amazing as possible, to give you opportunities, help you through the tough times and celebrate the amazing times.

How we work: We have a Board of Trustees that is the governing body of the Students' Association, a Student Representative Council (SRC) and Student Services Council (SSC). Overall there are 38 members of our Student Councils. Six sabbatical officers (SABBs) are elected to represent you. The opposite page is a really brief diagram which highlights the wide variety of services we cover.



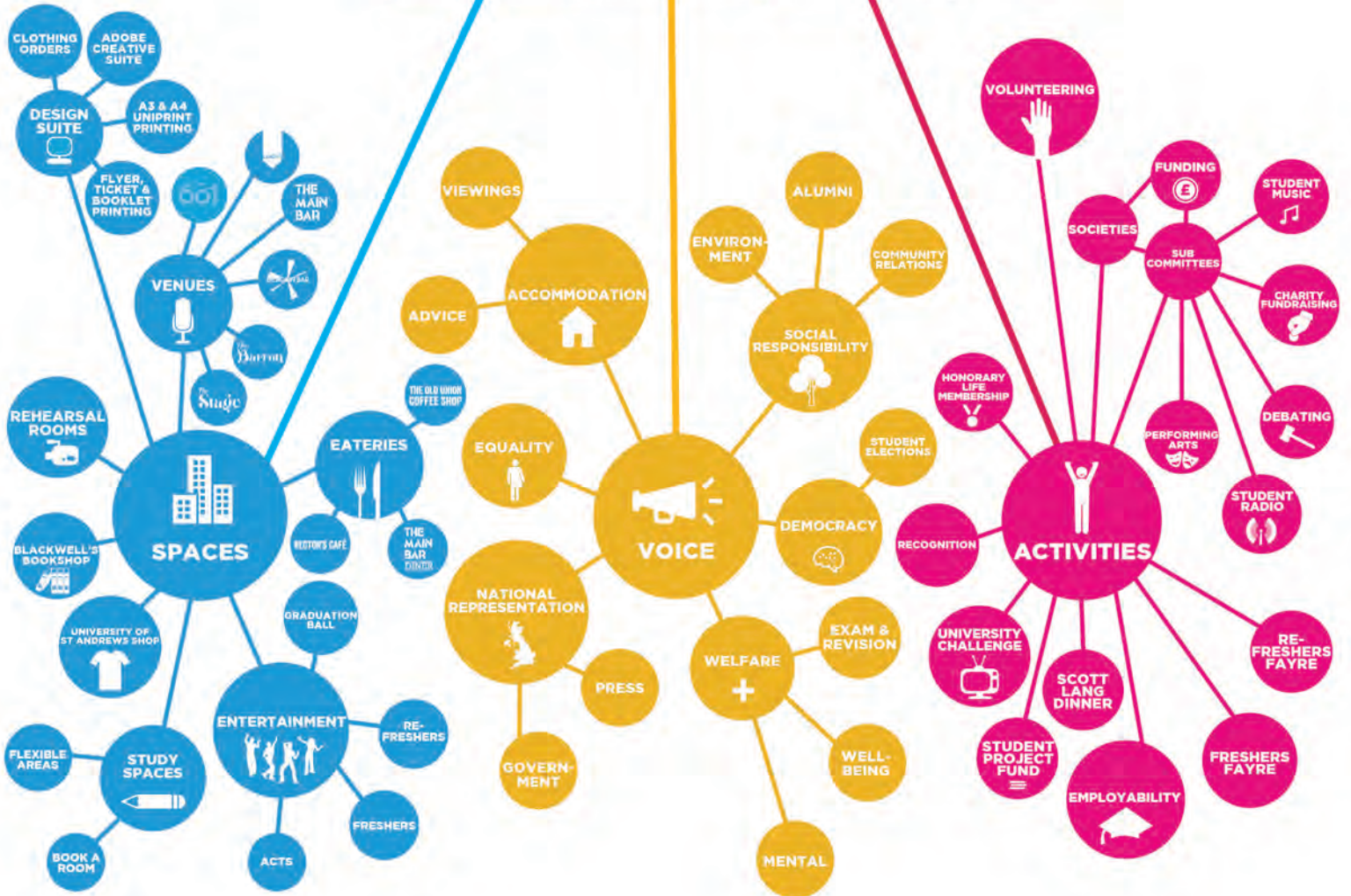
Things to know about us:

- All the money you spend in our bars and cafés go back to the students!
- Most of the Students' Association is run by student volunteers.
- We offer accommodation viewing services for students.
- There are 12 subcommittees (or 'super societies') that are open to all matriculated students.
- The Students' Association trains and supports over 350 Class Reps.
- The Education Committee which represents your academic interests meets weekly. School Presidents, the DoEd, Faculty Presidents and the PG Academic Convenor sit on this committee.
- The President, Director of Education, and Rector's Assessor sit on Court, the governing body of the University.
- The minutes from all Students' Association academic meetings can be found here: www.yourunion.net/voice/academicreps/minutes/.
- The School Presidents' Forum allows academic representatives to discuss issues with members of the Proctor's Office.
- Class Reps also advocate on library and employability issues.
- School Presidents, Faculty Presidents, and Class Reps are a Students' Association initiative, which works in collaboration with the University.
- The Student-led Teaching Awards is run every year to recognise and reward the excellent teaching that happens in St Andrews.
- We have a full time Education Advocate.
- All affiliated societies can apply for funding from the Societies' Committee for projects and events.
- It's really easy to start your own society: www.yourunion.net/activities/societies/startasociety/.
- All Union run events can be found at yourunion.net/event.

YOUR UNION

Scottish Registered Charity, no.SCO19863

UNIVERSITY OF ST ANDREWS STUDENTS' ASSOCIATION





Elaine Ferguson, '15

Joan Bigwood MA 1958

REC

WELCOME TO ST ANDREWS

Welcome to St Andrews! We hope you are excited for the year ahead and ready for everything St Andrews has to offer! We are your sabbatical officers (aka SABBs): representatives elected by the student body who work full-time to enhance and support your student experience. We are here to make sure you have an incredible time throughout the year!

Your time at St Andrews will go by faster than you think – so make the most of it and get involved with as many societies and opportunities that come your way! Some of your closest friends, fondest memories, as well as some of your greatest challenges lie ahead of you in this small coastal town. We have no doubt that you'll fall in love with St Andrews and we can't wait to share it with you.

Everything the Students' Association (aka the Union) works towards falls into three broad categories –

Representation, Activities, and Spaces. Flora, your **Director of Wellbeing (DoWell)**, and Amy, your **Director of Education (DoEd)**, cover Representation, serving as your advocates for issues such as education, employability, welfare and equal opportunities. Shaina, your **Director of Student Development & Activities (DoSDA)**, is responsible for Activities, managing and facilitating all our student societies and Union sub-committees that are available to you. Mika, your **Director of Events & Services (DoES)**, oversees spaces, ensuring events, commercial services, and all Union venues best serve you. Jamie, your **Students' Association President**, serves as the 'face' of the Union; the chief representative of all students within the University, the local community, and the outside world as well as being responsible for managing the strategic direction of the Students' Association. Finally Leah, your **Athletic Union President**, oversees and develops sport at St Andrews.

There is plenty more to say about the Students' Association, but all the information can be found in this book: the ultimate guide to everything you need to know about university life. If you want to find out even more about anything we have to offer you or have any unanswered questions, then please don't hesitate to get in touch. Our office is on the middle floor of the Union – come by any time!

You all have a lot to give, and St Andrews has a lot to offer. Take advantage of it. Don't be afraid to take risks and don't beat yourself up if you make mistakes. All the support you need is right here, an email or a phone call away.

**Have an amazing time in St Andrews!
Your SABBs**



Opposite page, Your Sabbaticals (left to right): Mika Schmeling (Director of Events & Services), Shaina Sullivan (Director of Student Development & Activities), Amy Bretherton (Director of Education), Flora Smith (Director of Wellbeing), Jamie Rodney (Students' Association President), Leah Allcock (Athletic Union President)



DIRECTOR OF EVENTS & SERVICES

Name: Mika Schmeling

What I do: Events, Spaces, Entertainment, Commercial Spaces

Where I am from: San Diego, California

What I studied: Computer Science and Management

What I did: Design Team, RockSoc, STAR Radio Host

Favourite thing about St Andrews: The sense of community

DoES tip: Try new things out! Go to events, socials, or shows - You never know just what you'll enjoy, so take the opportunity. There's so many amazing events and groups, so you'll definitely find something for you.

does@st-andrews.ac.uk

Twitter: @StADoES



DIRECTOR OF STUDENT DEVELOPMENT & ACTIVITIES

Name: Shaina Sullivan

What I do: Extracurricular activities, societies & subcommittees, volunteering

Where I am from: Washington, D.C.

What I studied: Psychology and Social Anthropology

What I did: Mermaids (Performing Arts), Christmas Ball, Glitterball, Association Councils, Peer Support

Favourite thing about St Andrews: How many opportunities and activities there are in such a close-knit community!

DoSDA tip: Get involved with societies, subcommittees, and other student activities! It is really the best way to make friends outside of halls and to spend your time outside the classroom - there is truly something for everyone.

dosda@st-andrews.ac.uk

Twitter: @StADoSDA



DIRECTOR OF EDUCATION

Name: Amy Bretherton

What I do: Education, Postgraduate Studies, Employability

Where I am from: Kilmacolm, Scotland

What I studied: German, Russian and Spanish

What I did: Modern Languages School President, Canoe Club, At Home and Abroad Society, Hispanic Society, Protocol Magazine

Favourite thing about St Andrews: How easy it is to meet new people!

DoEd Tip: Go along to any welcome events your School is running to meet fellow students, check out your School President's emails for academic tips, and become a Class Rep to make a real change in your modules.

doed@st-andrews.ac.uk

Twitter: @StADoED



DIRECTOR OF WELLBEING

Name: Flora Smith

What I do: Wellbeing, Equal Opportunities, Democracy

Where I am from: Oxford, England

What I studied: Biology

What I did: Peer Support, Wellbeing Subcommittee, Sexpression, Biology Buddies Mentoring Scheme, Class Rep

Favourite thing about St Andrews: The sense of community

Dowell Tip: Stay safe during Freshers and look out for your new friends, catch the Student Services' Night Bus if you don't know the way back to halls, and don't be afraid to ask for support.

dowell@st-andrews.ac.uk

Twitter: @StADoWell



STUDENTS' ASSOCIATION PRESIDENT

Name: Jamie Rodney

What I do: External representation, accommodation, widening access, sustainability, social responsibility

Where I am from: Glasgow, Scotland

What I study: English Literature

What I did: St Andrews Foodbank Collection, Rector's Committee (campaigns), Amnesty International St Andrews, Student Activism

Favourite thing about St Andrews: The Student Community

President tip: Get to know how representation works in St Andrews- it's dry but important. Your Student Association Councillors do a lot of work on a lot of different issues, so check out the Your Union Website for how to contact them if you have any comments, questions or suggestions for how to make St Andrews a better place. It's also really useful to know who our local representatives are, and what problems they can help you with, so have a look around Fife Direct (Fife Council's website) to get to know about that.

pres@st-andrews.ac.uk

Twitter: @StAPresident



ATHLETIC UNION PRESIDENT

Name: Leah Allcock

What I do: Club Sport- Recreational Sport- Inclusion & Wellbeing in Sport- Representation

Where I am from: Manchester (ish), UK

What I study: Classical Studies & English Literature

What I did: Netball Club President, AU Exec Volunteer & Engagement Officer, Volunteer Zambia Coach

Favourite thing about St Andrews: The many, very weird traditions and events that make us so unique!

AU President tip: Engage with the sports community! There's so much going on in individual, team, and recreational sport- not to mention coaching, social activity and development opportunities. There's something for everyone to keep you healthy and happy.

president@st-andrews.ac.uk

Twitter: @UStAAUPresident

WHAT WE DO: HOW WE'RE HERE FOR YOU

Shaiua



DIRECTOR OF STUDENT DEVELOPMENT & ACTIVITIES

Email: dosda@st-andrews.ac.uk

Extracurricular Activities

- Societies' Committee
- Room Booking
- Freshers' & Society Fayres
- Health and Safety
- Student Project Fund
- The Byre Theatre

Subcommittees

- Charities' Campaign
- Union Debating Society
- Postgraduate Society
- St Andrews Volunteering Service
- Mermaids (w/DoES)
- Music is Love (w/DoES)
- On The Rocks (w/DoES)

Student Development

- Professional Skills Curriculum
- Employability
- St Andrews Award
- Internships
- Careers Centre Liaison

Volunteering

- Portal
- Recognition (w/AU Pres)

Mika



DIRECTOR OF EVENTS & SERVICES

Email: does@st-andrews.ac.uk

Commercial Services

- Bar Services
- Rector's Café
- Old Union Café

Events and Venues

- Freshers' Week
- Graduation Ball
- Club 601 / The Stage
- Club Nights
- Society Events
- Commercial Hire
- Venue Hire
- Equipment Hire
- Estates Liaison
- Health & Safety

Subcommittees

- STAR Radio
- Design Team
- Ents Crew
- Mermaids (w/DoSDA)
- Music is Love (w/DoSDA)
- On The Rocks (w/DoSDA)

Staffing

Discipline and Membership

Javie



STUDENTS' ASSOCIATION PRESIDENT

Email: pres@st-andrews.ac.uk

External Relations

- National Representation
- Westminster & Holyrood
- Rector's Group
- Scottish Sabbs' Forum
- Media & Communications
- Press Enquiries
- Press Releases

University Relations w/DoEd

- University Press Liaison
- Community Relations
- Community Council
- Constabulary Liaison
- Outreach Groups
- University Court
- Academic Council

Social Responsibility

- Accommodation
- Senior Student Forum
- Accommodation Fees
- How to Rent
- Widening Access Participation
- Tuition Fees
- Bursary Fund
- Sustainability & Environment

Strategy

- Planning & Governance
- Alumni Relations
- Alumni Festival Weekend

Finance

Planning & Resources Committee

Governance & Nominations Committee

Amy



DIRECTOR OF EDUCATION

Email: doed@st-andrews.ac.uk

Education

- Academic Representation
- School Presidents & Class Reps
- Education Subcommittee
- Teaching Awards

University

- Learning & Teaching Committee
- Postgrad. Research Committee
- Academic Monitoring Group
- University Internal Reviews
- Module Evaluation
- Questionnaires
- Advising

Postgraduates

- Postgrad. Academic Convenor
- Martyr's Kirk Project Board
- Library
- Study Spaces.
- Library Redevelopment
- CAPOD

University Relations w/ Pres

- University Court
- Advising for Academic Council

Planning & Resources Committee

Leah



ATHLETIC UNION PRESIDENT

Email: president@saints-sport.com

Sport

- Club Sport
- Sports' Fayre
- Club Captains' Forum
- Support & Development
- Competitive & Casual Sport
- Hall Sport

Participation

- Representation
- BUCS
- Scottish Student Sport
- International
- Inter & Intra University

Events

- Scottish Varsity Match
- Kingdom vs. Capital w/ Edinburgh
- Sinners (w/ DoES)
- Give-It-A-Go Week
- Sports Ball

Alumni

- Club Networks
- Alumni Festival Weekend

Volunteering

- Portal
- Recognition (w/DoSDA)

Wellbeing

- Healthy Body Healthy Mind

Flora



DIRECTOR OF WELLBEING

Email: dowell@st-andrews.ac.uk

Equal Opportunities

- LGBT+ Subcommittee
- Equal Opportunities Subcomm.
- Gender, Racial, Age, Disability Equality
- University Equality Committees
- Athena Swan
- Project Juno
- Pangaea

Wellbeing

- Wellbeing Subcommittee
- StAnd Together
- Mental Health
- Mental Health Awareness Week
- Physical Health
- Sexual Health
- Sexual Health Awareness Week
- Condom Distribution
- Student Services Liaison.
- Nightline Liaison
- Personal Safety (Raisin + May Dip)

Democracy

- SRC Guidance and Training
- Students' Association Elections
- Transparency

RECTOR

Congratulations for choosing one of the most inspiring Universities in the world, and welcome to St Andrews! As a human rights activist, I know that nothing is more important than education, and fortunately, you're in for one of the world's best.

As you might be able to tell, my history is a little different from that of my prestigious predecessors. At the age of 24, I was arrested by the notoriously oppressive police of Serbian dictator Slobodan Milosevic for political protest, and I have since dedicated my life to educating others on the power of nonviolent action. I am simply a man with a propensity for troublemaking, and I am here to show you that your ability to affect change starts now.

Students are often told that their capacity to do meaningful work is on hold until graduation. Fortunately, St Andrews is one of the few schools in the world that doesn't believe this - so much so that they've brought me here to tell you that that is exactly the wrong thing to think.

Since I have now given you good cause to overthrow me as your Rector, maybe I should try to convince you otherwise. My job is to represent you, connect with you, and help you make St. Andrews the best it can be for all of its students. I was nominated and elected by the student community, which you are now a member of, to chair the governing body of the University and be a student advocate. I work alongside the Rector's Committee, chaired by the Rector's Assessor, Camilla Duke, to advocate for you and empower you to make change. Remember, change can happen anywhere and come from anyone.

rector@st-andrews.ac.uk



1ST YEAR REP

Hi there! My name is Polina and I am your Member for First Years on the Students' Representative Council. My job is to prepare incoming Freshers for Freshers' Week and to help make your transition into a St Andrews' student as smooth as possible throughout the year.

The St Andrews student life is one of a kind, and I hope to help you get involved with all of our unique and entertaining activities while addressing your concerns and ensuring your voice is heard. If you are an incoming student with any questions, please get in touch with me through Facebook, email, or in person - I would love to hear from you.

ps224@st-andrews.ac.uk

TIPS FOR FRESHERS!

1. Go take a look around Your Union!

Grab a coffee in Rectors or lunch in the Main Bar, or go meet your Sabbs on the middle floor of the Union.

2. Sign up for as much as possible!

The Freshers' Fayres and the Sports Fayre are great ways to check out all the things you can get involved with. Remember, if you sign up for something, you aren't committed to it yet - but you can get a feel for what you might like to be a part of!

3. Meet your neighbours!

No matter which hall you live in, you will have neighbours. Make sure you introduce yourself - it's great to have hall friends and to know who your neighbours are.

4. Learn your way around!

Take a walk and figure out where your lectures will be, and where the Advice and Support Centre (ASC), library, and Union are.

5. Get to know your Freshers' Rep!

Contact me through Facebook or email if you have any questions!

PG ACADEMIC

Name: Emma Whitefield

Email: pgconven@st-andrews.ac.uk

In the role of PG Convenor, I'm responsible for representing all Postgraduate students for all academic matters. As PG Convenor, I work as a link between the Students' Association and the University. On the University side, this means sitting on the Learning and Teaching Committee, the Postgraduate Research Committee, and the Academic Council, as well as being part of various other groups that aim to improve Postgraduate study at St Andrews. Within the Students' Association, I am a member of the Postgraduate Society committee, the Student Representative Council, the School Presidents' Forum and the Education Committee. I work closely with the Director of Education, Amy, as well as the President of the Postgraduate Society, Blake

In addition to these committee duties, I am also the point of contact for Postgraduate Class Reps. At the start of the year, I organise their Class Rep training and help them with their new roles. Throughout the year, we keep in contact through smaller meetings, and through the Postgraduate Executive Forums, where we meet with senior members of the University to bring forward and discuss ideas on how to improve the Postgraduate experience. The Postgraduate community in St Andrews is very diverse and keeping in touch with the class reps helps me to represent all students, regardless of their background, programme of study, full- or part-time, and where they live.

I hope that I'll help improve your experience here by making sure postgrads know about the University's plans concerning postgraduate study, and equally making sure that the University knows about your opinions, needs and perspectives.

Please do not hesitate to contact me or your class reps if you have any ideas or comments – I'm looking forward to hearing from you!



PG DEVELOPMENT

Name: Ana Neferu

Email: pgdevo@st-andrews.ac.uk

As Postgraduate Development Officer, I represent postgraduates in all aspects related to your development and University experience that are not directly related to an academic school or to strictly social aspects. This includes liaising on your behalf with CAPOD, the Careers Centre, Student Services, the Chaplaincy, Registry, St. Leonard's College, Dean's Office, Proctor's Office, and of course the Students Association. I organize monthly meetings with representatives from these units to discuss aspects related to the postgraduate development and experience, and to foster collaborations aimed to improve it. If you want to raise any issues or have any ideas about improving the postgraduate experience to be discussed at one of these meetings or with one or more of these units, feel free to get in touch.

I also represent you on the University's Student Experience Committee, and on the Student Representative Council and the Wellbeing and Equal Opportunities Subcommittees within the Students Association. Similarly, if you have any issues or ideas that you want to be brought to the attention of these groups, feel free to get in touch.

Ultimately, my job involves making sure you have a wonderful postgraduate experience this academic year. You're always welcome to get in touch and help me do so!



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TRADITIONS IN ST ANDREWS

ACADEMIC FAMILIES

At the start of the year, 3rd or 4th year students 'adopt' 1st year students to make a family. Your academic family can be so much more than just the people you party with over the Raisin Weekend. For many, parents, siblings and extended family members become a source of close friendship, support and advice throughout university. Great places to meet family: it's not just nights out! You can meet potential parents with common interests at events put on by our many Union societies, AU sports clubs, and the academic family matching events put on in the Union.

RAISIN

Raisin is two days of celebrations with your academic families, which begin with your 'Academic Mum' hosting a party on Sunday morning, your 'Academic Dad' hosting a party in the evening, and ending with the famous foam fight on Monday morning! Before the foam fight, you'll be dressed in fancy dress by your Mum and then sent to your Dad's for a raisin receipt. Raisin has always been a fun tradition and a unique way of welcoming new students to the St Andrews community, so enjoy your weekend and don't feel pressured to do anything you don't want to do.

RED GOWNS

St Andrews University undergraduates have been wearing red gowns since 1672. They were first implemented as a uniform so that local tavern owners would be able to identify students trying to buy a pint in the pub! Nowadays, red gowns are worn on formal occasions, University Chapel Sunday services, University ceremonies, and on walks along the pier. The way students wear gowns depends on their year of study. If you want to find out more, ask an older student about the 'academic striptease'!

PATRICK HAMILTON

Be careful not to step on the cursed 'PH' located opposite the entrance to St Salvator's Quadrangle on North Street. If you do, you might fail your degree! The initials mark the spot where Patrick Hamilton, a St Andrews Student and early Protestant reformer, was burnt at the stake for heresy in 1528. If you do, the only way to reverse the curse is by doing the May Dip.

GAUDIE AND MAY DIP

In memory of former-student John Honey, who rescued five sailors from a sinking ship off the shores of East Sands Beach in 1880, there is a torchlight procession along the pier with students wearing red gowns on April 30th. This ceremony is followed by a night of revelry and at sunrise on May 1st, everyone runs from the East Sands Beach into the North Sea to cleanse themselves of their academic sins and ensure they pass their exams.



A C T I V I T I E S



Photo credit: Marcell Kovacs

The Union is affiliated to over 150 student societies that cover everything from A Cappella to Wildlife! We also have many Union subcommittees, nicknamed 'super societies' due to their size. Every student is automatically a member of them! Find out more at: yourunion.net/activities

ACTIVITIES

BE PART OF THE ACTION

Activities are a huge part of the Association. Your University experience isn't just lectures and exams, you can make it whatever you want it to be, from playing quidditch to taking photos to learning how to ballroom dance!

We have 12 subcommittees and over 150 societies so there is definitely something out there for you and if there's not you can create your own!

Visit www.yourunion.net/activities/ to see a detailed list of societies and subcommittees, view a comprehensive calendar of their events and see who to contact or how to set up a society yourself.



SUBCOMMITTEES

There are 12 Student Services Council (SSC) Subcommittees that each have a very active role within the Students' Association. Every matriculated student is automatically a member of these groups, so there are no membership fees! They are basically huge societies and you can get involved with each of them as much as you want.

SSC Subcommittees:

- Charities Campaign
- Debates
- Design Team
- ENTS Crew
- Saints LGBT+
- Lifers
- Mermaids Performing Arts Fund
- On The Rocks (OTR)
- Postgraduate Society
- STAR: St Andrews Student Radio
- Societies Committee
- St Andrews Voluntary Service (SVS)



CHARITIES CAMPAIGN

Interested in fundraising? The Charities Campaign is for you! We are the official charitable subcommittee of the Union which means that every student is automatically a member and can get involved!

Whether you want to help us put on events that raise over £100,000 annually for charity, put on your own fundraising event or help raise awareness of causes close to your heart, we have something for everyone; from our European hitchhike event, Race2, to fashion shows like CATWALK and everything in between, over the past 20 years we have raised over £1 million for good causes!

Last year the student body elected three charities that the Charities Campaign will raise money for directly this year; our international charity is Women for Women, our national charity is CALM and our local charity is The Yard Fife.

How can you get involved?

- Run for a position on one of our committees at our EGM in week 2
- Sign-up for other volunteer positions throughout the year (e.g. UK Safety Team for Race2, Model Dresser for CATWALK or Volunteer during our annual charity week, RAG Week)
- Collaborate with us as a society or sports club
- Arrange your own fundraising event
- Compete in your halls as part of the inter-hall fundraising competition
- Attend or participate in one of the many events we host!

Come and meet us this Freshers' Week at the Freshers' Fayre, the Charitable & Volunteering Fayre or at one of our numerous events!

Email: usacc@st-andrews.ac.uk

Facebook: <https://www.facebook.com/StAndrewsCharities/>

Instagram: @usacc2019

Twitter: @CharitiesStAnd

Website: <https://charitiescampaign.wixsite.com/standrews>



DEBATES (UDS)

The Union Debating Society (UDS), founded in 1794, is the oldest – and some might say finest – of its kind in the English-speaking world. What's more, all of our events are free for any matriculated student to attend! As the only Scottish debating society to offer weekly public debates, each week we bring prestigious speakers from across the UK to the historic Lower Parliament Hall to discuss a variety of exciting topics. This year we will be holding debates on topics like British Politics, International Relations, and Feminism, as well as panel discussions on topics like Student Housing and Disabilities. Join us this Thursday evening for our first public debate of the academic year on the motion “This House Has No Faith in Her Majesty's Government,” which we have been holding annually for over 100 years!

The UDS also has a first-class debate training programme for those who would like to debate competitively or improve their public speaking skills. We run training every Wednesday at 2pm in the Large Rehearsal Room where you will be taught by our best debaters who have represented St Andrews at competitions around the UK and the World. We're also running workshops on exciting topics at other times throughout the year. Our debate training is open to all students, all year, regardless of past experience or skill so anyone can get involved!

We hope to see you this Freshers' Week and throughout the year!

Email: debates@st-andrews.ac.uk

Website: <https://www.stadebates.org>

Facebook: <http://www.facebook.com/standrewsdebating>



DESIGN TEAM

Are you looking to be creative or are you looking for someone to help with your creative project? If you are, we can help!

Design Team is a subcommittee of the Union, therefore, all students are members automatically! We run and attend creative events like our Community Artwork event at St Andrews day as well as others. We also run free Adobe (and other software), design, and photography classes so that you can hone your skills with one of our experienced volunteers. If you want to get involved, come along to one of our events or classes and get in touch!

Design Team also produces graphic designs and other creative works for other subcommittees, societies and student groups within the University. These requests are filled by our team of volunteer creatives. Why not join us to work on projects as a volunteer or on our committee? Don't worry if you don't have too much experience, one of our experienced volunteers will be there to mentor you.

This year we are planning to continue our rapid expansion (last year we completed more than 60 projects!). We are planning to expand our photography presence as well as our training. We want to make this year our biggest year yet and build a place for creatives to be creative and build a community where creativity can thrive. So, if you want to learn to design, need someone to design for you or want to be creative yourself get in touch with us.

Email: sadt@st-andrews.ac.uk

Web: youruniondesign.net

Facebook: [@StAndrewsDesignTeam](https://www.facebook.com/StAndrewsDesignTeam)

Instagram: [@sta.designteam](https://www.instagram.com/sta.designteam)



ENTS CREW

From club nights to live bands to fashion shows and everything in-between, the Ents crew makes it happen! Whether you are interested in DJing, sound, light, projection or don't know yet - there is a place for you in the Ents crew!

We are entirely voluntary and anyone who is a matriculated student is welcome - even if you don't have any experience. There are no obligations so you can commit as little or as much as you want - all we ask is an enthusiasm to get involved and put on the best events possible!

How do I get involved?

We hold weekly crew meetings that are open to everyone from 5 pm onwards in the meeting room on the first floor of the union. These meetings are where people can sign up to run or shadow an event. After this, we have training in the StAge which ranges from the absolute basics for those with no experience in running events up to more advanced light and sound training for those who are already familiar.

Have questions?

Email: ents@st-andrews.ac.uk

Facebook: www.facebook.com/standrewsents/

Twitter: [@StAndrewsEnts](https://twitter.com/StAndrewsEnts)

Website: www.yourunion.net/activities/subcommittees/entscrew/



SAINTS LGBT+

Saints LGBT+ is the Student Association's subcommittee responsible for representing and supporting our LGBT+ students. We see our job as having three interconnected parts: providing LGBT+ students with the support they need, running a variety of inclusive and fun events, and ensuring our community is accepting and supportive of all LGBT+ students.

Whatever type of support you need, we should be able to help. We run a Queer Peers support system, which pairs students who might need someone to talk, with one who's been trained to listen and help with whatever they can. We run regular coffee meetups, for people to meet others with similar experiences, and maintain a collection of donated clothing, which is available to those looking to express their gender the way they want.

We also care a lot about maintaining a healthy and connected community, and put on loads of events for people to feel comfortable, meet one another, and make friends. We've got a packed schedule of over 100 events beginning freshers week, from Glitterball to drag shows and plays to hikes, cookie decorating to speaker series.

All students are automatically a part of our society, and are welcome at any of our events (you can find a full list on our website), so we hope to see you soon!

Email: saintslgbt@st-andrews.ac.uk / queerpeers@st-andrews.ac.uk

Facebook: www.facebook.com/saintslgbt

Instagram: [@saintslgbt](https://www.instagram.com/saintslgbt)

Website: <https://www.saintslgbt.com>



LIFERS

Lifers [aka the Lifelong and Flexible Learners' Forum] is the subcommittee responsible for representing those students who have entered University after a break from education. We believe that every student at the University of St Andrews deserves the opportunity to have a positive student experience whatever their age or personal circumstances.

We support a community which is made up of commuters, parents, postgraduates, evening, and part time students. As a group we have hitchhiked for charity, held family fun days, organised pantomime trips, got involved in Freshers' events, held pot luck dinners and a charity auction.

We have three main goals in mind. Representation, ensuring our views are heard and working with the University to address issues which arise. We also care about wellbeing and do all we can to improve engagement with University life. We want Lifers to avoid feeling isolated from the wider student body and we offer peer support. Finally, we organise events and have a busy calendar lined up for 2019–20. We also get involved in the many amazing events which take place in and around the Union. So, whether it's a ball, a fundraiser, a family event, or an early morning dip in the North Sea we'll see you there.

As a subcommittee of the Student Association every matriculated student is automatically a member. Come along to our table at Freshers' Fayre and say hello.

Email: lifers@st-andrews.c.uk

Facebook: <https://www.facebook.com/LifersStAndrews/>



MERMAIDS PERFORMING ARTS FUND

Are you passionate about theatre, musicals, comedy or any other performing arts? Keen to put on your dream show or show off your talents on stage or in the wings, or just watch some incredible shows? Want to meet likeminded people who share these passions? Welcome to Mermaids!

Mermaids is a performing arts fund, meaning that we do not put on shows ourselves. Instead, any matriculated student can propose a show that they want to put up, and we'll provide the funding, tools, advice, expertise and enthusiasm to help bring that show to life. We fund anywhere from 12 to 16 shows a year, so there are lots of opportunities to get involved! Our affiliated societies cater for a wide range of interests too: Gilbert and Sullivan, A Capella, Opera, Dance, Just So (Musical Theatre), Blind Mirth (Improv Comedy), Inklight (Creative Writing) and Comedy Society, so there really is something for everyone.

We are more than happy to help you get involved and give friendly advice about all aspects of performing arts in St Andrews. We know that this can be quite new and daunting, which is why every November, Mermaids runs the Freshers' Drama Festival. This is a fantastic opportunity for those new to theatre in St Andrews to put up a show in a closely supported environment and a great way to get involved and make new friends in the process. We also send a number of very successful shows to the Edinburgh Fringe - an amazing chance to represent St Andrews at this incredible international festival and experience performing arts beyond the bubble.

Mermaids has a very active social scene, with regular events for everyone to meet in a relaxed environment. Our biggest event is the annual Christmas ball, one of the most highly anticipated and popular social events in St Andrews. Keep up with the Mermaids Facebook page for details. Don't forget to attend our 'Give it a Go' day in Freshers' Week and our stall at the Freshers' Fayre!

Email: mermaids@st-andrews.ac.uk

Facebook: [fb.com/MermaidsStA](https://www.facebook.com/MermaidsStA)

Twitter: [@MermaidsStA](https://twitter.com/MermaidsStA)

Website: mermaidstheatre.com



ON THE ROCKS (OTR)

On The Rocks is St Andrews' very own student-run arts festival – the largest of its kind in the UK. For ten days every April, we transform the town into a creativity hub showcasing the best of both St Andrews and the local area's talent.

OTR has been running for over a decade now, and in that time we have played host to an impressive array of events, including plays and musicals, art exhibitions, dance shows, comedy sketches and much more! One of our aims is to produce a festival that encompasses the town and gown relationship that is ever present in St Andrews, and we work hard to put on a festival that contains something for everybody, not just the students. From music cafés to a Ceilidh in the castle, upcycling workshops to poetry slams, everyone is welcome to get involved, either by attending events or putting one on themselves! Event applications open in early October – check out our social media for more information on how to get involved!

With the support of our patrons, including Dame Judi Dench, Dame Helen Mirren, Sir Sean Connery, Simon Pegg, Andy Serkis, Joanna Lumley and Crispin Bonham Carter to name a few, we are able to make the arts accessible to everyone!

Interested in being part of the largest student-run arts festival in the UK? Get in touch! We have subcommittee and volunteering applications opening soon. Keep an eye out on our socials!

Email: ontherocks@st-andrews.ac.uk

Facebook: www.facebook.co.uk/ontherocksfestival/

Twitter: @RocksFestival

Insta: @ontherocksfest

Website: <http://www.ontherocksfestival.com/>



POSTGRADUATE SOCIETY

All matriculated postgraduate students, both research and taught, are automatically members of the University's Postgraduate Society. The Postgraduate Society serves to enhance postgraduate University experience by providing a range of social events throughout the year as well as acting as a representative voice for you, within the Students' Association and University.

Our Officers represent you within the Students' Association Governance bodies. The President of the Postgraduate Society sits on the Student Services Council (SSC), while our Academic Convenor and Development Officer both hold positions in the Students' Representative Council (SRC). The society also works closely with the University's Sabbatical Officers and St Leonard's College.

The Postgraduate Society committee organise frequent events all year round to ensure the postgraduate experience is as great as possible. Our events cater for everyone, providing you with an opportunity to relax, meet fellow postgraduates and maybe try something new. Whether it be bonfires on the beach, wine socials, collaborations with sports societies or our infamous, monthly bus trips to some of Scotland's most beautiful places, there is something for everyone. The society also organise larger events throughout the year, including formal St Leonard's dinners and two black tie balls.

We also want to hear from you! Our committee meetings are held Mondays, 5-6 pm in the Committee Room (1st floor of the Union) and are open. Drop by to get involved, or just to say hello.

We look forward to seeing you at our Freshers' week events!

Your PG Society Committee.

Email: pgpres@st-andrews.ac.uk / pgconven@st-andrews.ac.uk / pgdevo@st-andrews.ac.uk

Facebook: <https://www.facebook.com/pgsoc/>

Facebook group: <https://www.facebook.com/groups/pgsoc>

Twitter: @StAPGSociety

Website: yourunion.net/pgs



SOCIETIES COMMITTEE

The Societies Committee (Socs) is composed of a group of student volunteers who work to facilitate and manage the society experience and their interactions with the Students' Association. Our main responsibilities include, but are not limited to: affiliating new societies with the Students' Association, providing training for committee members, ensuring the integrity of societies' electoral and financial decisions, and providing funding in the form of grants and loans for society events and equipment.

As a committee, we attempt to execute these responsibilities according to three guiding principles. First, we assume a position of content-neutrality meaning that personal beliefs and opinions are set aside in order to ensure the equal treatment of societies. Second, we manage at arm's-length. This safeguards the autonomy of societies while still allowing us to provide essential assistance. Finally, and building from the last point, the committee strives to realise our goals through minimal necessary regulation. Our main goal is to support societies and make sure they are acting fairly, transparently, and most importantly, safely!

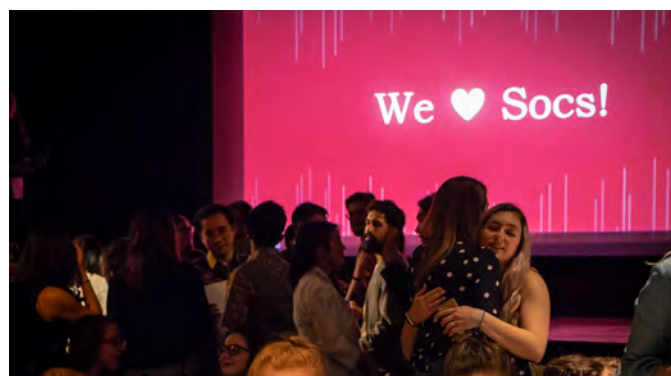
The Societies Committee also rewards societies for exemplary work over the course of the year. In the second semester of every year we host our biggest event – the Societies Awards! Societies can apply for awards ranging from Most Charitable Society to Most Innovative Society and we dole out over £5,000 in prizes! The event itself features society acts and shows, nibbles, and plenty of soft drinks and wine!

If you are interested in learning more about us or about societies in general, feel free to stop by office hours, which are Mondays 4 – 6pm in The Main Bar. Just look for the big red banner!

Email: socs@st-andrews.ac.uk

Facebook: <https://www.facebook.com/YourSocs>

Website: <https://www.yourunion.net/activities/societies/committee>



STAR: ST ANDREWS RADIO

Host your own weekly radio show on STAR! It's the best way to express yourself, gain confidence, and share something you care about, all from the comfort of our studio in the union.

STAR is more than just radio: we run music-based magazine Hearing Aid, video hub starTV, and opinions site The Record. Whether you want to talk, write, film, produce, curate, design, or just listen, there are loads of ways to get involved.

We also host events throughout the year, with fortnightly live lounges where you can practise performing, socials for our show hosts, and the occasional gig with bands from out of town.

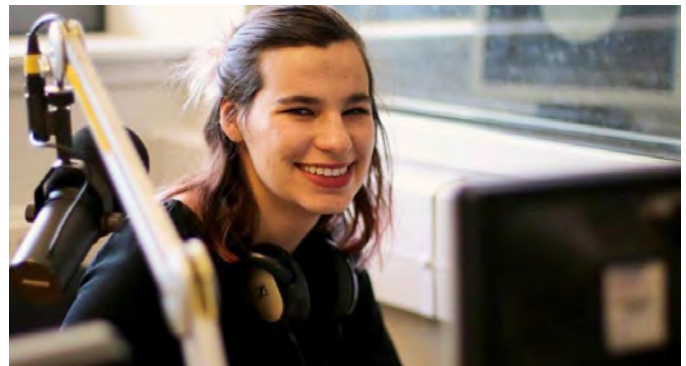
Broadcasting live every day from 9am to 1am, STAR is the voice of St Andrews. Our community of over 200 show hosts, writers, and videographers makes us a bubble within the bubble. If you want to be part of this, find us by the studio at Freshers' Fayre, or hit us up on any of the links below.

Website: standrewsradio.com

Facebook: facebook.com/standrewsradio

Instagram [@standrewsradio](https://instagram.com/standrewsradio)

Email: hello@standrewsradio.com



ST ANDREWS VOLUNTARY SERVICE (SVS)

Get out of the bubble and your comfort zone, and help others in the community and surrounding area!

SVS provides the opportunity for all students to participate in exciting volunteering opportunities across Fife and Tayside. There truly are opportunities to volunteer in whatever capacity you desire - whether you have little or lots of time, a passion for animals/people/ the environment, we can help you to find a suitable project! Also if you have any ideas for projects that you would like to create, then we are here to support you in setting them up.

By involving yourself in the local area, you will not only get a chance to give back to the wider community, but also get the chance to gain some great experiences yourself. Be that playing with cats at Dundee Cat Protection, or befriending a member of the community with Families First! We will also be holding socials throughout the year, so whether you are a current volunteer or just wanting to find out more, please do come and say hello.

Come see us at the Freshers' Fayre, like us on Facebook and follow us on Instagram to stay up to date on application dates and events! We, the committee, look forward to meeting you all.

Email: svs@st-andrews.ac.uk

Website: yoursvs.org.uk

Facebook: <https://www.facebook.com/yoursvs/>



ACTIVITIES

Here is the current list of affiliated societies, with more being added all the time! Visit: yourunion.net/activities for further information.

SOCIETIES:

ACADEMIC AND EDUCATION

Anthropology Society
Art History Society
Astronomical Society
At Home and Abroad Society
Bacchae Classics Society
Biology Society
Biotech Society
Bute Medical Society
Chemistry Society
Chinese Students and Scholars Association - (CSSA)
Computing Society (STACS)
Consulting Society
Economics Society
Enactus St Andrews
Entrepreneurs Society
Free Market Association
Geography Society
Geological Society
History Society
Investment Society
Law Society
Mackenzie General Practice Society
Management Society
Mathematics Society (SUMS)
Neuroscience Society
Oncology Society
Pathology Society
Philosophy Society
Physics Society
Psychology and Neuroscience Society
Robogals
Rural Land Management Society
St Mary's College Society

Student Archaeology Society
Surgical Society
Sustainable Development Society
William and Mary St Andrews Student Partnership
Women in Computer Science (WICS)

ACTIVITY AND RECREATION

Aviation Society
Ballroom and Latin Dancing Society - (BALLADS)
Book Club
Capoeira Society
Celtic and Ceilidh Society
Chess Society
Dance Club
Knitting Society
Mindfulness Society
Muscle and Athletic Sports Society (MASS)

Poker Society
Pool and Cue Sports Society
Shimmy Society
Shire of Caer Caledon
St Andrews Adventure Group (STAAG)
Swing Dance Society
Yoga Society

ARTS, MEDIA AND MUSIC

Acapella Society
Argentine Tango Society
Art Society
Breakaway Society
Comedy Society
Craft Society
Film Society
Filmmakers' Society
Folk and Traditional Music Society
Gilbert and Sullivan Society
Inklight Creative Writing Society

STUDENT PROJECT FUND

The Student Project Fund is a sum of **money ring-fenced by the Students' Association for distribution to any student with an original idea** for a project to enhance and/or contribute to the student experience or provide clear student development.

In the past, this pot of money has funded an Arts Careers event, a Green Film Festival, art galleries, a canoe trip for charity across Scotland, drama performances and much more!

If you have a great idea that you want to get funding for, don't be afraid to apply! You can find more details, and find the application form, at:

www.yourunion.net/studentprojectfund



JazzWorks
Just So Musical Theatre Society
Madrigal Group
Music Society
Opera Society
Photography Society
Protocol Magazine
Rock Music Society
St.Ation

CHARITABLE

Action for Muona
Amnesty International
Animal Welfare Society
Anti-Slavery St Andrews
Blood Donation Society
British Red Cross Group
Children of Rwanda
CoppaFeel
Dementia Friendly
Effective Altruism
For Her Project
Friends of MSF
Guide Dog Society
Marrow St Andrews
Mary's Meals
Operation Smile
Organ Donation Society
Oxfam Society
Populus St Andrews
Refugee Action St Andrews (RASA)
Rotaract
Save the Children
Sexpression St Andrews
Society for Homelessness (STASH)
Students for Global Health
Teddy Bear Hospital

UNICEF on Campus
Wildlife and Conservation Society
Women for Women International

CULTURAL

African Caribbean Society
Armenian Society
Azerbaijan Society
Chinese Hongpao Society
Czech and Slovak Society
Filipino Society (USAFS)
French Society
German Society
Greek and Cypriot Society
Hispanic Society
Hong Kong Society
Hungarian Society
Indonesian Society
Japan Society
Korean Society
Malaysian International Group (SMIG)
Middle East Society
Persian Culture Society
Polish Society
Russian Society
Sanskriti South Asian Society
Scottish Society
Singapore Society
Taiwan Society
Thai Society

FAITH

Catholic Society
Christian Union
Coexistence Initiative
Hindu-Jain-Sikh Society
Jewish Society
Muslim Students Association

FAN AND GEEK

Disney Society
Doctor Who Society
Gaming Society
Pokemon Society
Project Anime
Quidditch and Harry Potter Society
Science Fiction and Fantasy Society
Wargaming and Roleplaying (DICE)

FOOD AND DRINK

Baking Society
Bubble Tea Society
Craft Beer and Cider Society
Fine Food and Dining Society
Pitmaster Society
Tea Society
Vegetarian and Vegan Society

POLITICAL AND CAMPAIGNING

Brexit Society
Conservative and Unionist Association
Democrats Overseas
European Horizons
Feminist Society
Foreign Affairs Society
Her Choice Society
Labour Society
Liberal Democrat's Society
Model United Nations
Scotland in Union
Students for Independence
Students For Life
United Nations Association

FARMORE INTERIORS

- Bedlinen • Duvets • Pillows • Mattress Toppers •
- Throws • Towels • Cushions • Lighting •



QUALITY BEDDING
LUXURIOUS THROWS
BEAUTIFUL CUSHIONS



175 SOUTH STREET,
ST ANDREWS,
KY16 9EE
01334 478291

STUDENT SERVICES COUNCIL

The Student Services Council (SSC) is comprised of the heads of our subcommittees, association officers and the sabbatical officers – all of whom are elected by the student body in March. It supports and leads the activities and events of the Students' Association.

Association President	Jamie Rodney	pres@
Director of Events and Services	Mika Schmeling	does@
Director of Education	Amy Bretherton	doed@
Director of Wellbeing	Flora Smith	dowell@
Director of Student Development and Activities	Shaina Sullivan	dosda@
Athletic Union President	Leah Allcock	aupres@
Association Chair	Jack Rogan	sachair@
Association Alumni Officer	Olivia Wiggins	saalumni@
Association Community Relations Officer	Morgan Morris	comrels@
Association Environment Officer	Lauren Davis	eande@
Association LGBT+ Officer	Parker Hansen	saintslgbt@
Association Lifelong and Flexible Learners' Officer	Sandra Mitchell	lifers@
Broadcasting Officer (STAR)	Tom Groves	tg68@
Charities Officer (Charities Campaign)	Frankie Borderie	charityconv@
Debates Officer (UDS)	Toni Valencia	debates@
Design Team Convener	Edward Spencer	sadt@
Ents Convener	Paul Lancaster	ents@
Member without Portfolio	Gavin Sandford	gdms@
Performing Arts Officer (Mermaids)	Manaal Mahjoub	merpres@
Postgraduate Officer (Postgraduate Society)	Blake Purchase	pgpres@
Societies Officer	Markus Lee	socs@
SSC Arts Festival Convener (On The Rocks)	Holly Scrivener	ontherocks@
Volunteering Officer (SVS)	Lisa Marie Husby	lmh23@

CONTACT US

The SSC meet on a Tuesday at 6pm every fortnight and anyone is welcome to come along to the meetings and listen to what's going on.

MUSIC CENTRE

The Loidlaw Music Centre will open its doors to students, staff and the public in January 2020. This brand new, state-of-the-art facility will offer a suite of purpose-built rooms for individual practice, group rehearsal, tuition and recording, as well as housing one of the finest recital halls in Scotland.

Until then, it is business-as-usual for the Music Centre in the Younger Hall as we continue to offer practice facilities, individual tuition, groups, instruments to borrow, a music technology studio and more, in return for an annual student membership fee of £33. We are open until 10pm several evenings a week, as well as at weekends. We are open to everyone from absolute beginners to advanced musicians, of all types and genres. Our wide-ranging performance programme encompasses student groups, community engagement, our own opera company, and ensembles-in-residence the Scottish Chamber Orchestra and the Fitwilliam String Quartet.

Telephone: 01334 462226

Email: music@st-andrews.ac.uk

Website: www.st-andrews.ac.uk/music





The Students' Association is your voice to the University, the local community and the wider world. From the Students' Representative Council (SRC) to School Presidents and Class Reps, we are the home of student activism and ensuring that students' concerns are heard.

Visit yourunion.net/src to find out more about the SRC and each of its subcommittees.

ACCOMMODATION

The SRC Accommodation Officer and the Accommodation Subcommittee are here to offer you a wide variety of information, services, and advice. Private and university accommodation issues often feel a little daunting to students and understandably many students have concerns about their housing experience in St Andrews. We are here to work for every student to make sure your university housing experience is as stress-free as possible. Keep an eye out for the How to Rent Guide we publish. We also run events throughout the year, as well as a dedicated Accommodation Week in Semester 1; helping students to understand the renting process from private landlords, as well as matching potential flatmates up with each other. We are here to represent you and your views about accommodation to the broader student government as well as the University. Please feel free to contact Charles, the SRC Accommodation Officer, with any questions you may have throughout the year. Look out for our How to rent guide later on this year!

Please don't hesitate and email at: srcaccommodation@st-andrews.ac.uk or visit: www.yourunion.net/support/accommodation and like our Facebook page for all up to date news on accommodation : www.facebook.com/accommodationstandrews



ALUMNI

The main thing that graduates miss after they leave St Andrews is the sense of community. Although this may seem like a world away, time will fly by and soon enough you will be part of our strong alumni family. Our subcommittee aims to strengthen alumni relations between students and graduates all over the world. We continue to strengthen our mentorship programme through SaintConnect, which is open to all year groups and is a great way to get some advice from previous students in a variety of professions. Collaboration with subcommittees and societies will also see some more career events set up. Our alumni love to help us and we want to ensure that current students can get the most from past students, and in return that they always feel like part of our university. Your alumni officer for this year is Olivia Sutton, sitting on both the SRC and SSC. Feel free to email Olivia at: saalumni@st-andrews.ac.uk or visit: www.yourunion.net/alumni/ for more information.



COMMUNITY RELATIONS

Your Community Relations Officer (CRO) and Committee are the primary points of communication at the Students' Association between the student body and local residents. The CRO is responsible for facilitating positive interaction between these two groups and for representing all students in community affairs. To achieve this, she sits on both the SRC and SSC within the Union, as well as a number of local committees, including the Community Council. Throughout the year, the Committee will run and support events friendly to both town and gown, including the first annual St Andrew's Day Fair, as well as several awareness campaigns, whose topics run the gamut from cycle safety to health and welfare during Raisin Weekend. Your CRO is Morgan Morris, who is happy to be reached via www.facebook.com/stacomrels/ or comrels@st-andrews.ac.uk with any community-related questions, concerns, or ideas you may have!



ENVIRONMENT

The Environment Subcommittee is a dedicated group of students working on ongoing sustainability initiatives. We work to identify growing and emerging opportunities for collaboration among academic and administrative units and the community. Our overarching aim is to increase awareness and wider community engagement to improve St Andrews sustainability rankings amongst other universities in the UK. Throughout the academic year, there are various events surrounding Fair-trade, recycling, waste reduction and skills sessions to teach and inform about ways to reduce your carbon footprint through changing everyday habits such as shared transport, bike pool sessions and increased attention to how these changes affect our environment on a local scale and a wider regional/national scale. The largest event hosted is Green Week, usually occurring in October. The week is dedicated to events with speakers, skills sessions, movie nights, re-useable merchandise and a wide variety of groups from around town, wanting to get involved and demonstrate that sustainability is a highly integrated concept that impacts everyone. It is important to make changes and develop healthy habits and make the most of our time on this fragile planet. If you would like to know more, have any ideas and are interested in getting involved, your Environment Officer is Lauren Davis. You can contact her via eande@st-andrews.ac.uk with any questions, comments or concerns.

NATIONAL REPRESENTATION

One of the Association's key activities is to represent students locally and nationally. Nationally, this means advocating for student interests and changes in the Higher Education sector. As we're not an NUS affiliate, it's up to us to make our own footprint. So far we've been very successful; our student council has been quoted in Westminster debates, we've attended major political events, and the student President has had discussions with the First Minister and leaders of national parties. Want to contribute? There are two main ways. Firstly, join councils, or bring them a motion. This way, councils can hold a debate on your motion and if it passes, promote it nationally through the SABBs. Secondly, get in touch with Jamie, the Association President at pres@st-andrews.ac.uk. National representation is their remit, so if you want to shape the narrative that they're promoting, and their expressions around Brexit, visas, and tuition fees, get in touch!

WIDENING ACCESS AND PARTICIPATION

As part of the SRC and the Equal Opportunities Committee, your Member for Widening Access and Participation is here to ensure that students have access to the support, resources, and opportunities to help ease any pressures that can come with studying at St Andrews. This includes campaigning for groups such as first-generation students, those from low-income backgrounds, and care-experienced students, though this is by no means an exhaustive list. Irrespective of your background, you're always welcome to get in touch with Britt, this year's Member for WAAP, about anything that might be affecting your time here so we can find a solution together, or with any suggestions about how to make our student community more accessible and inclusive (details below).

St Andrews is a unique and rewarding place to work and study, but that said, it can take a lot of getting used to, especially for those of us from WP backgrounds and/or who are facing other difficulties. Please remember you're not alone - lots of us can struggle or feel out of place at times, but there are lots of resources available to help alleviate the difficulties you're experiencing. Whether you've got concerns relating to money, health, academia, family, social life, or anything else, however big or small, we're here to listen and help make sure that you can get all the great things you deserve out of your university experience.

This year we're also working on expanding the support the University offers to WAAP students, and creating a comprehensive Widening Participation support network - so look out for more updates as the year goes on! Your Member for Widening Access and Participation is Britt McArdle and you can contact her with any issues, ideas, or even just for a chat, through email: bs200@st-andrews.ac.uk. You can also stay up to date and access resources relating to WAAP through Facebook: <https://www.facebook.com/brittmcardle.wideningparticipation/> and the yourunion website: <https://www.yourunion.net/voice/studentrepresentativecouncil/yourofficers/wideningaccess/>

EQUAL OPPORTUNITIES

The Equal Opportunities Committee make sure that each St Andrews student is fully represented within the Students' Association. Every member of the committee has a specific area of the student population they work with, and for. We lobby for the interests of the LGBT+ community, Lifelong learners, racial equality, gender equality, and students with disabilities - and anything else that students bring our way. Covering all aspects of the diverse student experience this town has on offer, Equal Opportunities have lots of amazing plans for the coming year.

Look out around town for information regarding this year's great events and talks organised by the Equal Ops Team, including the St Andrews Multicultural Week in Week 8 of Semester 1. If there's anything more you'd like to know, you fancy getting involved, or you just want to chat about what they do - get in touch with Flora Smith, the Director of Wellbeing, via:

dowell@st-andrews.ac.uk

WELLBEING

The Wellbeing Committee looks out for student health, be it physical, mental, or sexual. They put on events to promote student wellbeing, including Sexual Health and Guidance (SHAG) Week, which is coming up in Week 3 of semester 1, and Wellbeing Week in Week 8 of Semester 2. The Wellbeing Committee also contributes to your Raisin and May Dip experiences, where they aim to keep both traditions fun, safe, and friendly! They also run events to enhance your ability to relax and meet new people, because having a great support network is key to wellbeing.

Meetings are held every week, and the committee includes members of other student groups including StAnd Together, Sexpression, and Nightline. If you want to find out more or get involved, you can get in touch with the committee at wellbeing@st-andrews.ac.uk, or Flora Smith, the Director of Wellbeing, at dowell@st-andrews.ac.uk.



well
being

#take care

STUDENT REPRESENTATIVE COUNCIL (SRC)

The Students' Representative Council (SRC) has been the legally recognised voice of St Andrews students since 1889. Issues like accommodation, education, equality, and student wellbeing representation fall within the remit of the SRC. Its members are elected annually in March by the student body to represent and serve the student interest.

Association President	Jamie Rodney	pres@
Director of Events and Services	Mika Schmeling	doserv@
Director of Education	Amy Bretherton	doed@
Director of Wellbeing	Flora Smith	dowell@
Director of Student Development and Activities	Shaina Sullivan	dosda@
Athletic Union President	Leah Allcock	aupres@
Association Chair	Jack Rogan	sachair@
Association Alumni Officer	Olivia Wiggins	saalumni@
Association Environment Officer	Lauren Davis	eande@
Association LGBT+ Officer	Parker Hansen	saintslgbt@
Accommodation Officer	Charles Barker	srcaccommodation@
Association Community Relations Officer	Morgan Morris	comrels@
Association Lifelong & Flexible Learners Officer	Sandra Mitchell	lifers@
Arts & Divinity Faculty President	Sophia Rommel	artdivfp@
Science & Medicine Faculty President	Dennis Goodtzov	scimedfp@
Postgraduate Academic Convenor	Emma Whitefield	pgconvenor@
Postgraduate Development Officer	Ana Neferu	pgdevo@
Member for First Years	Polina Sevastyanova	ps224@
Member for Gender Equality	Leonor Capelier	ljlc1@
Member for Racial Equality	Zoe Nengite	zn5@
Member for Students with Disabilities	Emily Muller	egm21@
Member for Student Health	Emma Walsh	erw3@
Principal Ambassador	Ben McAuley	princamb@
Member without Portfolio	Rowan Wishart	rw95@
Rector's Assessor	Camilla Duke	ctd3@
Member for Widening Access & Participation	Britt Mcardle	bs200@

CONTACT US

The SRC meets a minimum of five times a year on Tuesday evenings to discuss issues important to St Andrews students. Every student is welcome to attend and contribute to the discussion!

ACADEMIC REPRESENTATION

Here at St Andrews, the students and staff work in partnership to enhance the academic experience and we have a very strong system of academic representation, led by the Students' Association, on both the undergraduate and postgraduate level.

Every March the student body elects School Presidents who serve as the key liaison between students and staff within their School. They chair the Student Staff Consultative Committee, attend the School's Learning and Teaching Committee, and provide leadership to the Class Reps. All of the School Presidents are supported directly by the Director of Education, Alice, and attend the School Presidents' Forum twice a semester alongside the Proctor and Deans of Arts and Science as well as the Education Committee weekly.

We also have two Faculty Presidents; Dennis Goodtzov, Faculty of Science and Medicine, and Sophia Rommel, Faculty of Arts and Divinity, who coordinate with the School Presidents. They are members of the SRC and the Senatus Academicus.

SCHOOL PRESIDENT LIST

Art History	Angela Crenshaw	arthistorypresident@
Biology	Morganne Wilbourne	biologypresident@
Chemistry	Charlotte Crowe	chemistrypresident@
Classics	Joel Moore	classicspresident@
Computer Science	Seamus Bonner	compscpresident@
Divinity	Anna Haynes	divinitypresident@
Earth & Environmental Sciences	Lot Koopmans	earthscipresident@
Economics & Finance	Valeriya Kyabchina	economicspresident@
English	Callum Irvine	englishpresident@
Film Studies & Music	Elisa Roithmann	filmpresident@
Geography & SD	Rhiannon Potts	geographypresident@
Graduate School	Jemima Williamson	gspres@
History	Madeline DeFilippis	historypresident@
International Relations	Joe Horsnell	irpresident@

CLASS REPS

Class Reps are at the core of academic representation at St Andrews. They are democratically elected at the beginning of semester one throughout every year of study in all of the Schools. Their role is to represent the student view within their School and raise any concerns to the relevant academic staff. They are trained and supported by the Students' Association and work very closely with their School President to help enhance courses, improve library resources, run careers events, and develop the social community.

Nominations for Class Reps will open in Week 1 with voting taking place in Week 2. If you are interested in becoming a class rep contact your School President, or visit yourunion.net/classreps

For more information about class reps or academic representation, don't hesitate to contact Amy via doed@st-andrews.ac.uk



Management	Lauren Archer	managementpresident@
Mathematics & Statistics	Beth Barlow	mathspresident@
Medicine	Nathan Titterton	medicinepresident@
Modern Languages	Olle Mjengwa	modlangpresident@
Music	Ross McArthur & Iona Baillie	musicpresident@
Philosophy	Kyle Van Oosterum	philosophypresident@
Physics & Astronomy	Amy Gallacher	physicspresident@
Psychology & Neuroscience	Natalia Zdorovtsova	psychpresident@
Social Anthropology	Katie Walker	socanthpresident@

FACULTY PRESIDENTS

Arts & Divinity: **Sophia Rommel: artdivfp@**
 Science & Medicine: **Dennis Goodtzov: scimedfp@**

REGISTER TO VOTE

BE THE STUDENT VOICE IN YOUR LOCAL COMMUNITY



S P A C E S



Photo credit: Lightbox St Andrews

The Union is host to a wide variety of spaces readily available to you no matter the occasion; from performing a showstopper in one of our theatres to having a pint with your mates, we cater for everyone!

Here's a list of our venues:

Club 601 | The StAge | Barron | Beacon | Main Bar | Sandy's | Old Union Diner | Rector's Café



LOYALTY WITH EVERY PENNY SPENT WITH THE FREE YOYO APP



Download the
Yoyo app



Pay Fast
(no minimum spend)



Earn points



Reward yourself

MAIN BAR

With a 2am license and the best priced pints and drinks in town, the Main Bar is the biggest bar in town and is designed especially for you, the students. We offer a great range of non-alcoholic and alcoholic beverages alike, and just like every other part of the Union, every penny you spend goes back into the Students' Association to improve your experience here at St Andrews.

The Main Bar is everyone's favourite destination, be it for a quick game of pool, the Sunday night pub quiz, or a cheap night out. The Main Bar is a safe space for students to enjoy themselves.

You can grab yourself some food in The Main Bar Diner - we serve a variety of delicious meals Monday - Sunday until 8pm. Visit: yourunion.net/food.

THE
MAIN
BAR

THE
MAIN
BAR
DINER

SANDY'S BAR

Sandy's Bar is the Union's classic pub space and sports bar, famed throughout the student body for its Friday night Karaoke. Sandy's has a more traditional feel than the rest of the Union, with locally brewed ales on offer, a fine selection of whisky and Chesterfield sofas and armchairs to relax in.

Sandy's bar has a huge projection screen that is perfect for catching the game - we'll be showing Rugby, American Football and much much more this year!

If you have any requests or queries, or simply some feedback, please email your Director of Events and Services, Mika via: does@st-andrews.ac.uk.

SANDY'S



A BALANCE OF
BÖLD FLAVOUR
& LIGHT TASTE

LIGHTER TASTING PILSNER
AT ST ANDREWS UNION



PRAVHA[®]

FROM THE BREWERS OF STAROPRAMEN

drinkaware.co.uk for the facts
BREWED IN THE UK

BEACON BAR

The Beacon Bar is the Union's "Premium Bar", offering a top class range of Gins, Rums and other spirits and liqueurs complimented, of course, by our cocktail list. With comfy designer sofas and views along the length of Market Street, the Beacon is an excellent place to escape the hustle and bustle of downstairs. Whether you are celebrating or just want to relax and enjoy a couple of drinks with friends, here is the place to do it, without having to pay the premium prices you might find elsewhere. We are striving to bring you the best we can in The Beacon Bar, so the range available will change throughout the year, if you find something you like, please let us know and we'll endeavour to keep it coming.



CLUB 601

Club 601 is the only nightclub in St Andrews. The biggest, newest, and best place to party in town. We've handpicked the best DJs in St Andrews and beyond to offer you an unrivalled clubbing experience right here in the heart of the Bubble.

From our famous Bop, to our regular club nights, we offer different experiences to cater for everyone. With society club nights and special acts coming throughout the year, Club 601 will be the home to some of your best and most memorable nights of the year.



RECTOR'S CAFÉ

Need a place to sit back with a coffee, chill with friends, or a central study spot between lectures? Look no further than our very own Rector's Cafe. Named after the numerous Rectors who have graced our seaside town, Rector's sits at the front of our building providing a hub for town and gown alike. The cafe boasts reasonably priced hot and cold drinks, as well as wraps, paninis and other tasty treats.

Rector's Cafe is the perfect place for students, and should prove to be a big part of your university experience while you are studying here at St Andrews.

RECTOR'S CAFÉ
EAT • DRINK • RELAX

OLD UNION

The Old Union Coffee Shop on North Street is located only a few hundred feet from the front doors of the Library. Like Rector's Cafe, it offers a range of hot and cold drinks as well as a range of food to satisfy your hunger.

It's a great place to drop in between lectures for a coffee and cake. Sit in and soak up the intimate atmosphere, and walls adorned with the history of St Andrews. The Old Union also hosts live music from time to time - so keep a look out!

**THE OLD UNION
COFFEE SHOP**

• THE UNIVERSITY OF ST ANDREWS STUDENTS' ASSOCIATION •



THE STAGE

With a stage and retractable tiered seating, The StAge is ideal for theatrical, musical and comedy events alike. This is also a perfect space for “Question Time” events with a variety of speakers, and fashion shows including RAG Week’s CATWALK.

The StAge and 601 are both run by the Ents Crew – a group of student volunteers who dedicate time to making sure you have the best events possible in the Union.

Want to put a show on here? Find our booking form at www.yourunion.net/ents/howtobookanevent/roombookingform or email does@st-andrews.ac.uk and we’ll work with you to make it happen!

The
Stage

THE BARRON

The Barron Theatre is the only dedicated student theatre in St Andrews. It is run by the Students’ Association and is the home of Mermaids, the Performing Arts sub-committee. The Barron is also student-run by a team of hard-working volunteers. It is situated at 92 North Street, just before the library.

The Barron, with its intimate seating provides a unique space in which students can play and experiment with traditional and more avant-garde forms of theatre and other performing arts. The “black box” structure is endlessly adaptable and can be used for anything from full scale plays to one man shows, poetry readings and acoustic gigs.

For the latest Barron availability, visit the Mermaids website: www.mermaidstheatre.com

The
Barron



UNI SHOP

The University Shop is the University's official retailer and the majority of products feature 'University of St Andrews' and its coat of arms. Its aim is to provide a broad range of merchandise to cater for all your needs. It sells everything from Merino wool sweatshirts to your sports clothing essentials. It's a great place to kit yourself out or even take home something special for your family and friends. The Shop also supplies your Undergraduate and Postgraduate gowns. Pop in anytime to ask for details.



BLACKWELL'S

For more than 140 years Blackwell's has secured a reputation for specialist knowledge in academic bookselling. Our stock is comprised mainly of titles required for student purchase for modules running at the University, delivered at the best prices via our Student Price Match Guarantee scheme, our subject bundles and 3 for 2 offers. Even better for every £10 spent in store, £1 goes to fund Students' Association activities. Blackwell's can order books in if they are not in stock.



YOUR UNION: FLOOR PLAN

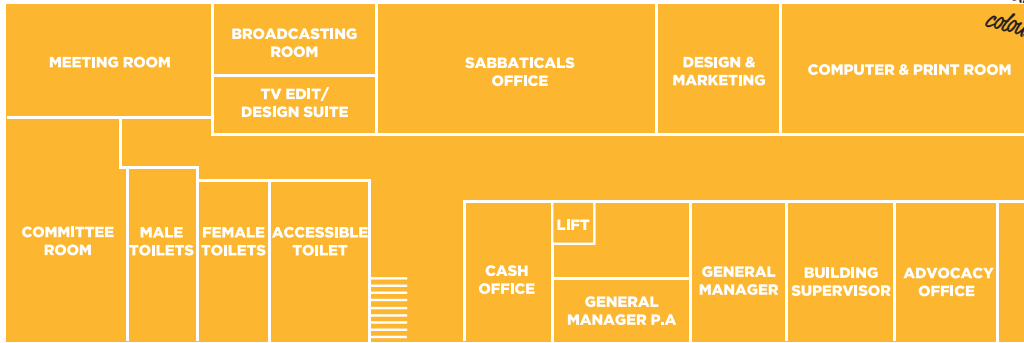
Explore our top floor bar for top quality cocktails

2



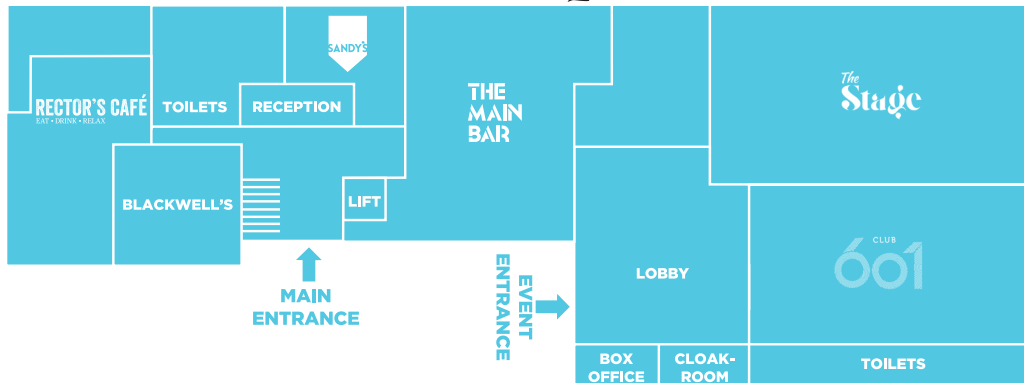
You can book spaces in the Union. Ask reception for more details!

1



We have computers all with adobe creative suite on them, an A4 and A3 colour wireless printer for you to use!

0



We serve locally sourced home-made hot food!

WEEKLY NIGHTS OUT

RESIDENT DJ
TUESDAYS & WEDNESDAYS

KARAOKE
FRIDAYS

THE BOP
FRIDAYS

PUB QUIZ
SUNDAYS

LIVE MUSIC
SATURDAYS

CLUB NIGHTS

LIVE SPORT
ON THE BIG SCREEN



YOURUNION.NET/EVENT



Everyone in St Andrews needs a little help finding their feet now and then. There's a number of places you can go for services and resources - from the Union's own Help Hub, the University's Student Services, to facilities around town. If you want to find a job or a sport, see the chaplain or a peer supporter, or have any questions about health, there are plenty of ways to get started.

YOUR WELLBEING AT ST ANDREWS

Welcome to the Bubble! Our mission here at St Andrews is to ensure that you enjoy and make the most of your first year at university. We understand that adjusting to a new life, to new surroundings and to a higher level of studies is no easy task. We also know that each individual settles in at their own pace. Before you arrive, and as you begin to settle into your new routine, you may feel excited and apprehensive all at once. It is important to know that this is completely normal and that you will not be the only one feeling this way. Whether they show it or not, everyone around you will be feeling just as nervous about their studies, making new friends and making St Andrews their new home. We want you to know that the well-being of our students is very important to us, and the great thing about the bubble is that we all come together as a community to help and support each other through the highs and lows of university life.

University provides a different experience in so many ways from school, college or the workplace. You will often find yourself challenged. Remember that this is ok and that being challenged will actually benefit your studies and help you develop important qualities such as resilience. You will also come to realise that a greater level of independence is expected of you at university. Learning to be independent can be difficult, but it is another invaluable life skill. Learning to sustain a good work/life balance will be a key step in your journey to independence. So, whilst you are busy writing essays in the Main Library or conducting experiments in the lab, don't forget to also make the most of the other academic, social and sporting opportunities that the University has to offer. Involvement in our many clubs and societies will help you gain the full benefit of the St Andrews community.

So, our advice to you as first year students is to embrace being challenged, independent and involved!

If you ever feel like you need more support, remember that your University really cares about you and that there are many places to go for help:

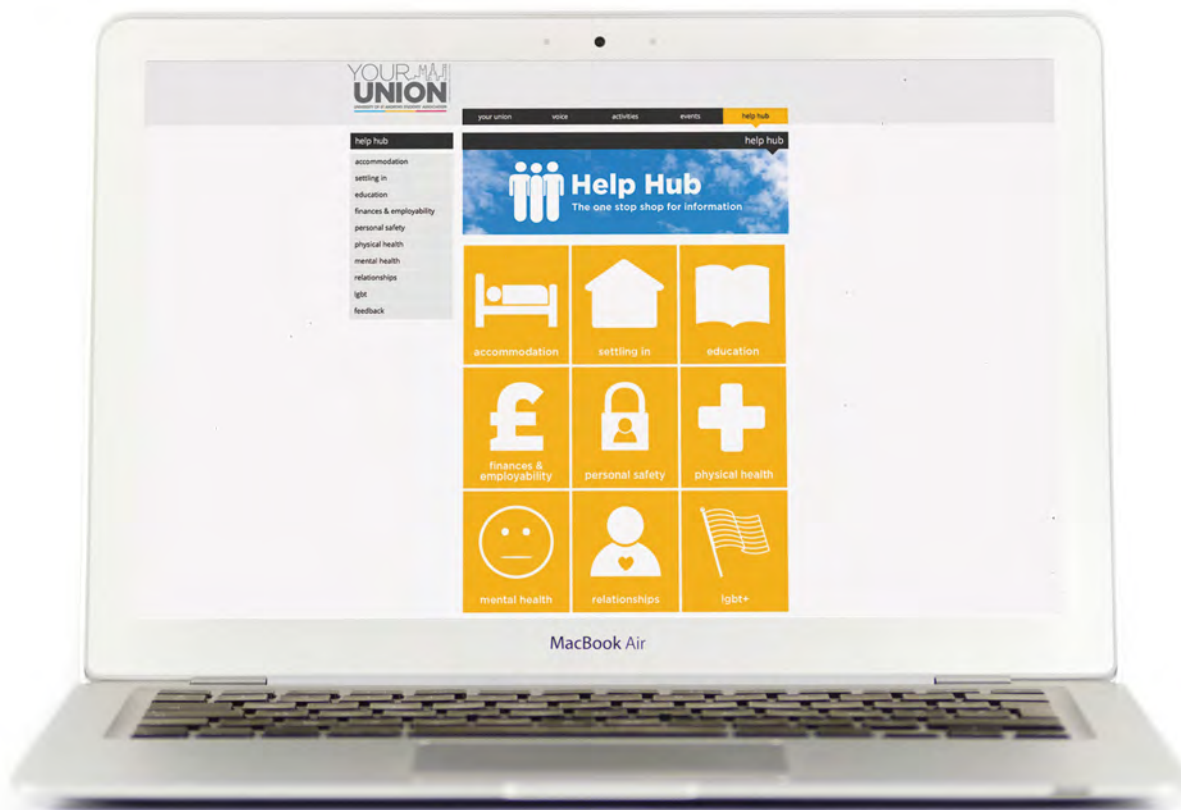
- Feeling concerned about your studies? Then contact your Advisor of Studies or check out CAPOD's services for help with academic and study skills (www.st-andrews.ac.uk/capod/). You can also sign up to your School's mentoring and buddy scheme (www.st-andrews.ac.uk/students/advice/support/peer-support/mentoringschemes/).
- If you need help with English language as a non-native speaker, the ELT Centre on Kennedy Gardens is there to help (www.st-andrews.ac.uk/elt/iels/).
- Something else on your mind? Make a visit to the ASC Centre on North Street (www.st-andrews.ac.uk/students/advice/asc/), Student Services at Eden Court on the Scores (www.st-andrews.ac.uk/studentsservices/) or visit the Chaplaincy opposite the Students' Union (www.st-andrews.ac.uk/chaplaincy/).
- Just want to speak to someone anonymously? Give Nightline a call between 8pm and 7am on 01334462206 to speak with a student volunteer (www.st-andrews.ac.uk/nightline/).

Please remember you are not alone, there is always someone here to listen!

During your St Andrews journey, you should expect to be:

**CHALLENGED
INDEPENDENT
INVOLVED**

yourunion.net/standrewsjourney



HELP HUB

The **Help Hub** is the Student Association's **one stop shop** for information. This online resource includes both external information that may help you and the services that you can access through the Union and the University. The Help Hub includes information on: **accommodation** | **settling in** | **education** | **finances and employability** | **personal safety** | **physical health** | **mental health** | **relationships** | **LGBT+ support**.

STAND TOGETHER

StAnd Together is a joint initiative between the Students' Association and the University with a focus on student wellbeing and mutual support. It is currently made up of two student-run projects: the 'Got Consent?' and 'Got Support?' campaigns.



GOT CONSENT?

Got Consent is a student-led initiative aiming to raise awareness of sexual consent. Student volunteers lead workshops in halls, the Students' Association and other University spaces to engage students in a discussion on consent and encourage them to become active bystanders in our community. By looking out for our friends and fellow students, we can make significant efforts in preventing sexual misconduct and assault in St Andrews.

Got Consent is recruiting! Becoming a trained workshop facilitator is a great opportunity to help out with an amazing cause for the student community as well as build your CV. The full training takes a few hours, so it can be completed in a day. If you would like to get involved you can drop by the StAnd Together table at the Freshers' Fayre, send an email to gotconsent@st-andrews.ac.uk or dowell@st-andrews.ac.uk, or find us on Facebook!



GOT CONSENT?

GOT SUPPORT?

The Peer Support Network is a one-to-one meet-up service open to any student looking for a little extra company, support and friendship during their time at St Andrews. The Network is made up of student volunteers trained in listening skills. They are available for a coffee and a chat, or to accompany students to events. Meet-ups are commonly once a week for an hour or so, but can be tailored to your individual circumstances. Our volunteers are happy to provide a private listening ear for any issue, big or small, as well as company for trying out new things, like society activities and other events.

If you're interested in being matched with a peer supporter, all you have to do is send an email with your name to peersupport@st-andrews.ac.uk. We'll take care of the rest!



GOT SUPPORT?

The St Andrews Peer Support Network

MENTAL HEALTH

When you are at university, we know that your mental health can come under strain. You should never feel alone because of how you're feeling. About one in four of us will suffer from some difficulty with our mental health at some point. If you do feel like you're having a tough time, it is important to get the right sort of help as soon as possible. If you want to reach out to someone, you can see your GP, get in touch with Student Services, or reach out to Nightline for an anonymous and non-directive listening ear.

Student Services: theasc@st-andrews.ac.uk, (01334 46) 2020

Nightline: nightline@st-andrews.ac.uk, (01334 46) 2266

***operates 8pm to 7am, every night halls are open**

Samaritans: jo@samaritans.org, 08457 90 9090

PHYSICAL HEALTH

Every matriculated student studying for more than 6 months has access to free NHS (National Health Service) care. The nearest NHS facility is located in the St Andrews Community Hospital on Largo Road, (approximately a 20-minute walk from the centre of town). These GP practices operate specific Nurse Triage Clinics every weekday only for students.

If you don't know where to start with a health issue, call the Student Health Hub (01334 465777) to assist with access to the right service either within the NHS or the University

To make an appointment, call one of the two practices depending on your surname

Surname begins with	Medical Practice	Telephone
A - Nt	Pipeland Medical Practice	01334 476 840
Nu - Z	Blackfriars Medical Practice	01334 477 477

SEXUAL HEALTH

As with all parts of student life, it is important to be responsible and stay safe. 16- to 24-year-olds continue to be the age group most affected by STIs, and students are particularly vulnerable. Using a condom is not only one of the most effective methods of contraception, but it is also essential to protect your sexual health and the health of others.

There are many alternatives to condoms for contraception, each with their own benefits and drawbacks. Your local sexual health clinic will be able to recommend the most suitable contraception for you.

In addition to sexual health services available through their GP, NHS Fife offer students access to local Sexual Health Clinics.

- There is a NHS run **Sexual Health Clinic for students at St Andrews Community Hospital on a Friday afternoon between 1pm and 4pm** during term time and is an appointment only clinic. To make an appointment please telephone 01592 647979 between 8.30am - 1.30pm Monday to Friday.
- In addition there is a NHS run **Sexual Health Clinic for the general public at St Andrews Community Hospital on a Friday between 9am and 12.30pm** and is an appointment only clinic. To make an appointment please telephone 01592 647979 between 8.30am - 1.30pm, Monday to Friday.

Please follow the link below for further information regarding sexual health services provided:

www.st-andrews.ac.uk/students/advice/health/sexualhealthandcontraception/

It's possible to get emergency contraception that will work to stop pregnancy after you've had sex. You can get the morning-after pill (aka Lvonelle) over the counter at Boots Pharmacy, Morrisons Pharmacy, or Lloyds Pharmacy by the Community Hospital. It can be taken up to 72 hours after sex, though it is best to take it as soon after as possible. If you are considering terminating a pregnancy, you should contact your GP or sexual health service. The law in Scotland makes it legal to have an abortion during the first 24 weeks of pregnancy. Remember, whenever you engage in sexual activity, you need to make sure that your partner gives their full consent. When alcohol and drugs are involved it can be very difficult to give genuine consent, so the bottom line is to have a conversation and not to pressure someone if they don't feel ready. Consent is asking every time.

ALCOHOL

There's lots of fun to be had at the university without necessarily drinking alcohol. Sticking to soft drinks will also save you lots of money, not to mention a headache the next day! Men and women should drink no more than 14 units per week according to advice from the UK's Chief Medical Officer.

How much is a unit?

Beer Half a pint (284ml) 3-6% ABV

Spirit 25ml (a standard single measure) 40% ABV

Wine 125ml (a small glass) 11-13% ABV

Sherry/Port 50ml (a standard double) 20% ABV

Drink spiking is rare but it does happen. Don't leave your drink unattended and only get drinks you've seen be poured by the bar staff before you accept one from someone.

www.drinkaware.co.uk has all the facts about drinking and is well worth checking out!

DRUGS

There isn't a large drug culture in St Andrews, but if you do happen to come across them, you should never be pressured into trying any. With legal highs constantly making it into the news, remember that legal doesn't mean safe. There are always myths surrounding the law, so here are some of the more well-known drugs & their classifications: Marijuana – Class B, Cocaine – Class A, Ecstasy/MDMA – Class A

www.talktofrank.com has facts about every drug and the impact they can have.



SECURITY AND RESPONSE TEAM

We are here to support you through your studies and are accessible 24/7 should you require help. Please get in touch should you have any concerns or require to report an incident of any type.

Telephone: 01334 468999 (internal ext:8999)

Email: security@st-andrews.ac.uk

It may also be necessary to ensure the Police are alerted by dialling 999.

Safety and security in halls, flats & University buildings

- Don't let anyone into the building unless you know them or have seen identification.
- When leaving your residence, lock all doors and windows.
- Report any suspicious activity to staff or the police.
- Don't leave possessions unattended, even in the library or your hall of residence.

Party safe

- Stick with friends and make sure you all get home safely;
- Be sensible about how much alcohol you drink. Know the law about consuming alcohol and how alcohol consumption affects consent.
- If you feel very drunk or unwell, ask a trusted friend or a member of staff for help.

University Night Bus

- This free bus service runs during term-time from 10pm to 2am following a circular route around town with stops close to Halls, the Students' Association and the Library. The last bus leaves the Library at 1.30am. You will need your matriculation card to use the bus.



University Bus Service
For University Students and Staff

Locations	Pick up times								
Library	22:30	23:00	23:30	00:00	00:30	01:00	01:30	02:00	
Ayton House, Abbey Walk	22:32	23:02	23:32	00:02	00:32	01:02	01:32	02:02	
Lamond Drive (council stops)	22:35	23:05	23:35	00:05	00:35	01:05	01:35	02:05	
Morrisons bus stop	22:37	23:07	23:37	00:07	00:37	01:07	01:37	02:07	
David Russell Apartments	22:40	23:10	23:40	00:10	00:40	01:10	01:40	02:10	
University Hall	22:44	23:14	23:44	00:14	00:44	01:14	01:44	02:14	
Agnes Blackadder Hall	22:46	23:16	23:46	00:16	00:46	01:16	01:46	02:16	
Andrew Melville Hall	22:50	23:20	23:50	00:20	00:50	01:20	01:50	02:20	
Students' Union	22:52	23:22	23:52	00:22	00:52	01:22	01:52	02:22	
Library	22:55	23:25	23:55	00:25	00:55	01:25	01:55	End	



ST ANDREWS NIGHTLINE

I miss my home. I don't belong here.
Where can I buy my textbooks?
I think I want to ask them out, but I'm too nervous.
This class test is making me so anxious.
I wish I could just go to sleep and not wake up.



01334 46(2266)



www.st-andrews.ac.uk/nightline



nightline@st-andrews.ac.uk

Nightline is an anonymous and confidential
listening and information service
run for students, by students.

Open 8pm-7am,
every night that halls are open.
(IM closes at midnight.)

Email service available
every day of the year.

SAINTS SPORT

I'm Leah, your Athletic Union President this year! As a student I was part of the netball club but also found time to go to classes, the gym and a lot of Sinners! One of the great thing about St Andrews is how many students are involved in sport and the great community that goes alongside that. There are so many ways to get involved in sport and exercise and you should definitely come to the Sports Fayre (Monday of Freshers' Week) alongside the many Give it a Go sessions which are all listed in the Orientation App, and discover what your sporting passion is.

The Athletic Union is comprised of around 60 clubs which cover a vast range of different types of activity! Watersports, indoor sports, track, team and individual- no matter your preference we think there's a sports club for every student! All our clubs have a student committee which is elected by club membership. The Athletic Union supports all the clubs and I represent all the students and their sporting needs. As the AU President I'm focused on inclusion and community so if those are ideals that appeal to you, Saints Sport will definitely provide a place for you.

We are based at the Sports Centre which was recently redeveloped, giving access to some of the best facilities in Scotland. All students can buy a membership and access the gym, climbing wall, tennis courts and much more! We also have a range of fitness classes led by our incredible staff who are always happy to help.

We pride ourselves on volunteering and as well as numerous local community outreach programmes, we have two international coaching programmes which visit South Africa and Zambia to provide coaching and coach development to communities abroad. Volunteer hours can be tracked on the online volunteer portal and lead to a range of awards, some of which can be recognised on your Higher Education transcript.

This year Saints Sport is committed to achieving the Silver Award in the LGBT Youth Scotland Charter to highlight our commitment to inclusivity, and this is something we're also keen to get new students involved with.

Numerous events go on throughout the sporting year kicking off with the Scottish Rugby Varsity and Dundee Varsity matches in September, but also including Sinners, Sports Ball, Awards Night and many other sports orientated fixtures throughout the year.

Find out more about what's going on by following our Instagram @gosaintssport! Alternatively, like our 'Go Saints' Facebook page or visit our website! I look forward to meeting you all as you begin your lives as Saints!

Leah Allcock- Athletic Union president- aupres@st-andrews.ac.uk



FINANCE

Looking after money for the first time can seem daunting, but if you give yourself a budget ahead of time, you can reduce some of the stress caused by the student lifestyle. After tuition and rent, you'll need to think about food, drink, books, events, and travel!

With food and drink – do a weekly shop instead of buying groceries daily, and look at doing a group trip to the bigger supermarkets outside the town centre to find better deals. If you're in catered accommodation and know you've got a busy day ahead, ask for a takeaway lunch or dinner from halls.

Try to avoid buying new books if you can. A lot of students will give their old textbooks to second hand book stores in town or sell their textbooks on various Facebook pages –meaning you get a better deal!

St Andrews doesn't have a big culture of going out at the weekend, instead you'll find people plan their nights out around one-off events. We have a lot of balls and these cost, on average, £40, so it might be worth deciding ahead of time which ones you're keen to attend and budget your monthly allowance accordingly.

There are quite a few options when it comes to choosing a bank in St Andrews. There is Nationwide, Royal Bank of Scotland (RBS), Bank of Scotland, Lloyds, TSB, Barclays, and Clydesdale. Each of these has a cash machine and you can find additional ATMs at Tesco, Sainsburys, Spar, Morrisons, Agnes Blackadder Hall and at the Union.

If you have a financial question or are worried about money, email: moneyadvice@st-andrews.ac.uk for assistance. Detailed information is available online: www.st-andrews.ac.uk/students/money/bankaccounts/



Because we know pavements aren't kind to phones...

get 24hr gadget replacement once your claim has been approved.*

Find out more at:
endsleigh.co.uk/personal/gadget



Anything's possible.



BEST
STUDENT INSURANCE
PROVIDER

Endsleigh Insurance Services Limited (Company No. 856706) (FRN 304295) is authorised and regulated by the Financial Conduct Authority. This can be checked on the Financial Services Register by visiting their website at <https://register.fca.org.uk/> Both are registered in England at Shurdington Road, Cheltenham Spa, Gloucestershire GL51 4UE. *Once your claim is approved **Terms and conditions apply

STUDENT SERVICES

Nobody comes to university to stay the same but change can be uncomfortable and until you feel more in your comfort zone, you may need a little support and guidance to help you to make a real success of your experience here. You may have questions, or worries, or need some reassurance. Student Services is always here to help and two places are important to note:

The ASC – the Advice and Support Centre

Based at 79 North Street, the ASC is the front door for Student Services and the first point of contact for all student queries; a one stop shop for information. If you need guidance, counselling, emotional support, advice on practical matters, money issues and international visa queries or simply want directions to somewhere in town, our friendly staff at the ASC are happy to help you – and there is very little about life at the University of St Andrews that they don't know about! The front desk staff represent a variety of services and in most cases will be able to handle your query there and then. If not they will be happy to refer you on to one of their colleagues for more specialist advice, and make you an appointment should you need one.

The ASC is open 9.30am to 5pm Monday to Friday - do drop in and someone will be able to give you the information you need. Can't make it in person? You can also reach the ASC by phone (**01334 462020**) and email (**theasc@st-andrews.ac.uk**).

Student Services – Eden Court

Student Services provides a wide range of professional services and our team is committed to guiding and advising students, offering strategies, skills and techniques to empower you to cope with any difficulties and challenges you face.

You can drop into the ASC and ask to be referred on to our teams of specialists, who advise on international/visa, money, and disability issues.

Student Services is also the core unit providing wellbeing, personal advice, counselling and life coaching, so if you are looking for more than a quick answer from the ASC, and would rather sit down and chat with someone about your issue, you can contact Eden Court directly by calling

01334 462720 or emailing **support.advice@st-andrews.ac.uk**. One of our Wellbeing Advisers, will be in touch with an appointment for you. Appointments with Wellbeing Advisers, Counsellors and the University's Mental Health Coordinator can also be made online - **<http://universitystandrewsstudentservices.simplybook.me/v2/>**.

Our specialist, counselling and wellbeing services are based in Eden Court, a large friendly building on the Scores opposite the Sea Life Centre. We are open 9am to 7pm in term time and 9am to 5pm during vacations. We look forward to meeting you soon!

Further information is available at:

www.st-andrews.ac.uk/student-services



STUDENT SERVICES
ADVISE | INFORM | GUIDE
UNIVERSITY OF ST ANDREWS



CHAPLAINCY

What do we do?

- Confidential listening to any student about any issue or problem – no religious pressure at all
- One-to-one exploration of any issue in faith
- Discussion groups
- University Worship (Sunday: 11 am, St Salvator's Chapel; 4 pm Evensong, St Salvator's Chapel; Wednesday: Evensong, St Salvator's Chapel, 5.30 pm; Candlelit Compline, 10 pm Thursday, St Leonard's Chapel; Orthodox Services, St Leonard's Chapel; Christmas Carol Services; Graduation Day services; Morning Prayers, 8.40 am, St Salvator's Chapel, Monday to Friday)
- A building opposite the Union with space for faith groups, private meditation, and student societies to meet, talk, do exhibitions, cook, eat, bake (for St Andrews institution, the Bake Sale™).
- Interfaith exploration, discussion and events, organised by the Inter-faith Steering Group
- International Students Befriending Scheme, putting students for whom English is not your first language in touch with local families, as well as day trips exploring Scotland.
- Hospital visits for you or someone you know
- Weddings... OK, may be a bit down the line for most Freshers...

Who are we?

- Chaplain Donald MacEwan (very tall, red-haired, faint Glasgow accent)
- A team of honorary chaplains and faith contacts (Buddhist, Christian, Humanist, Jewish, Muslim, Pagan)

How to get in touch?

- Drop in to the Chaplaincy, also known as Mansefield, 3 St Mary's Place
- Contact the office (01334) 462866 or chaplaincy@st-andrews.ac.uk
- Contact Donald on: dgm21@st-andrews.ac.uk or 07713 322036
- [fb.com/mansefield/](https://www.facebook.com/mansefield/)



JOBS

Students are welcome to find part-time work during their studies. The Careers Centre is a great place to start if you are looking for a job – and for when you start to look for internships. We wouldn't recommend working more than 15 hours a week to maintain a good work-life balance. If you work more than six hours in a shift you're entitled to a break of at least 20 minutes

You can earn up to £1040 a month without paying income tax: www.gov.uk/scottish-income-tax. The hourly minimum wage for all ages until April 2020:

Below 18 is £4.35

- Aged 18 to 20 is £6.15

- Aged 21 to 24 is £7.70

- Aged 25 and over is £8.21

International students – we will notify you if there are any changes regarding your term time and semester working hours entitlement.

HANDY HINTS FOR FINDING LOCAL, PART-TIME WORK IN ST ANDREWS



STUDYING



Here's some information that you'll find useful when studying at St Andrews. It contains an overview of various study spaces around town, an introduction to IT Services and the Library and a list of some of the important members of University staff.

IMPORTANT PEOPLE IN THE UNIVERSITY



The Principal | Professor Sally Mapstone | principal@st-andrews.ac.uk

Professor Mapstone is Principal and Vice Chancellor of the University of St Andrews and is responsible for running the University. The core values of her Principalship are excellence, inclusiveness and fairness. Professor Mapstone places students at the heart of everything St Andrews does and meets regularly with members of the Students' Association; she is always interested to hear from students about their activities and experiences here. Professor Mapstone's research engages with literature in Scots and Latin before 1707 and with book history.



Vice-Principal Education (Proctor) | Professor Clare Peddie | proctor@st-andrews.ac.uk

Professor Peddie is the Senior Vice-Principal at the University of St Andrews. She is responsible for areas relating to learning and teaching, and student-facing units. Professor Peddie is also involved in University relations with both the Students' Association and the Athletic Union, where she meets regularly with the Sabbatical Officers. She is a Professor of Biology and has been head of the School of Biology. She still teaches Marine Biology to both undergraduates and Masters Students, and has a particular interest in how experiential learning impacts on teaching.

Dean of Arts and Divinity | Professor Frank Lorenz Müller | deanarts@st-andrews.ac.uk

Dean of Science | Professor Tom Brown | deansci@st-andrews.ac.uk

Dean of Medicine | Professor David Crossman | medical.dean@st-andrews.ac.uk

Pro Dean Taught Postgraduate | Dr Martin Campbell | prodean-pgt@st-andrews.ac.uk

Pro Dean Research Postgraduate | Dr Sibylle Scheipers | prodean-pgr@st-andrews.ac.uk

Vice-Principal (Research and Innovation) | Professor Derek Woollins | vpresearch@st-andrews.ac.uk

Provost of St Leonard's College | Professor Andy Murphy | provost@st-andrews.ac.uk

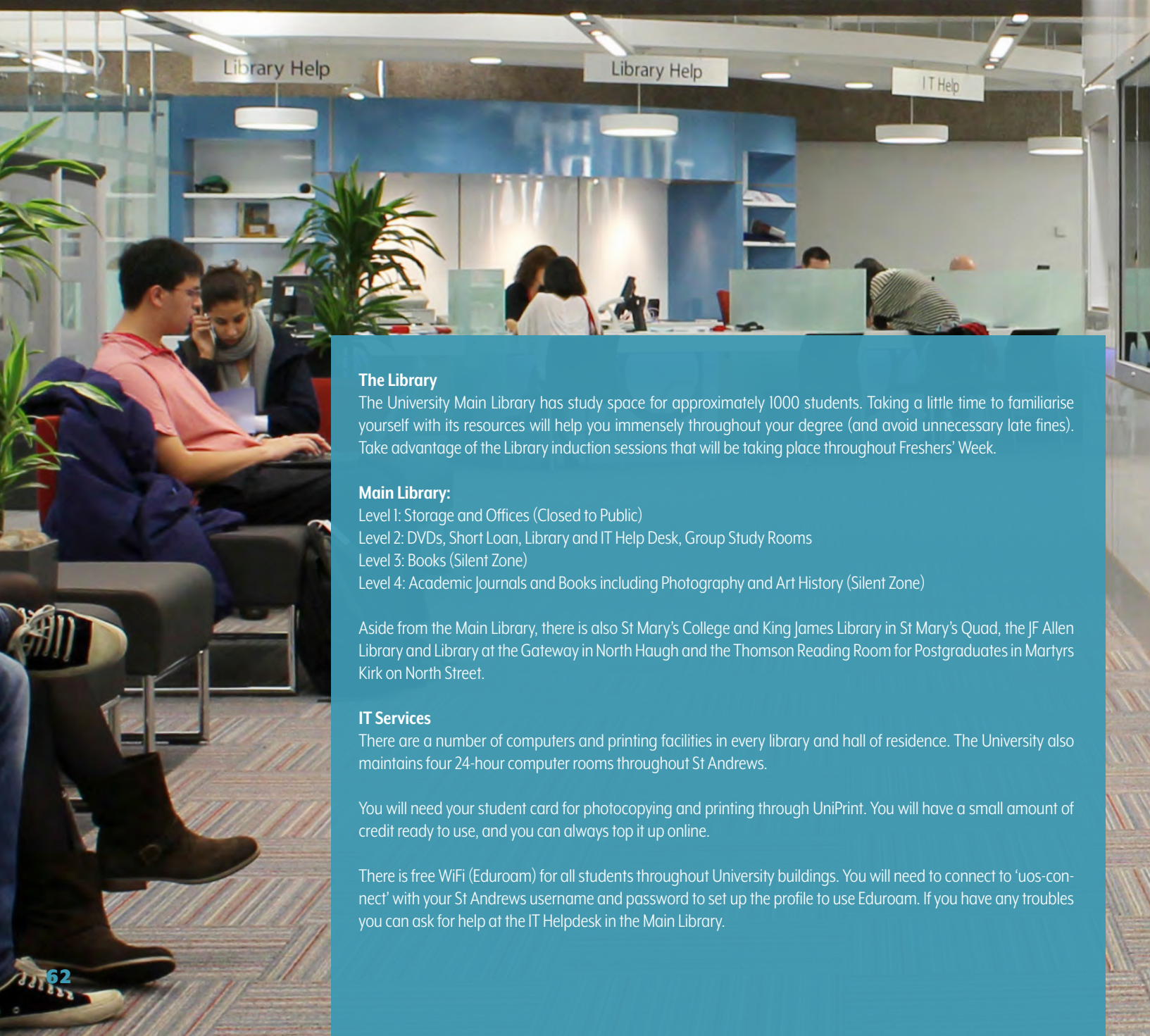
University Court

University court is the supreme governing body of the University, responsible for strategic planning and management of all human, physical, and financial resources. The Rector is the Chair of Court. The Association President, Director of Education, and the Rector's Assessor are its three student members.

Senatus Academicus

Senatus Academicus is the highest decision-making body for all academic matters. The Senate approves all degrees conferred by the University, and sets down the regulations and procedures for learning and teaching. The Senate Office is also responsible for high-level academic appeals.

TIP: Iain Cupples ([inc@](mailto:inc@st-andrews.ac.uk)), the Students' Association Education Advocate, will provide support and free advice to students to help guide them through academic appeals, complaints or the discipline process.



The Library

The University Main Library has study space for approximately 1000 students. Taking a little time to familiarise yourself with its resources will help you immensely throughout your degree (and avoid unnecessary late fines). Take advantage of the Library induction sessions that will be taking place throughout Freshers' Week.

Main Library:

Level 1: Storage and Offices (Closed to Public)

Level 2: DVDs, Short Loan, Library and IT Help Desk, Group Study Rooms

Level 3: Books (Silent Zone)

Level 4: Academic Journals and Books including Photography and Art History (Silent Zone)

Aside from the Main Library, there is also St Mary's College and King James Library in St Mary's Quad, the JF Allen Library and Library at the Gateway in North Haugh and the Thomson Reading Room for Postgraduates in Martyrs Kirk on North Street.

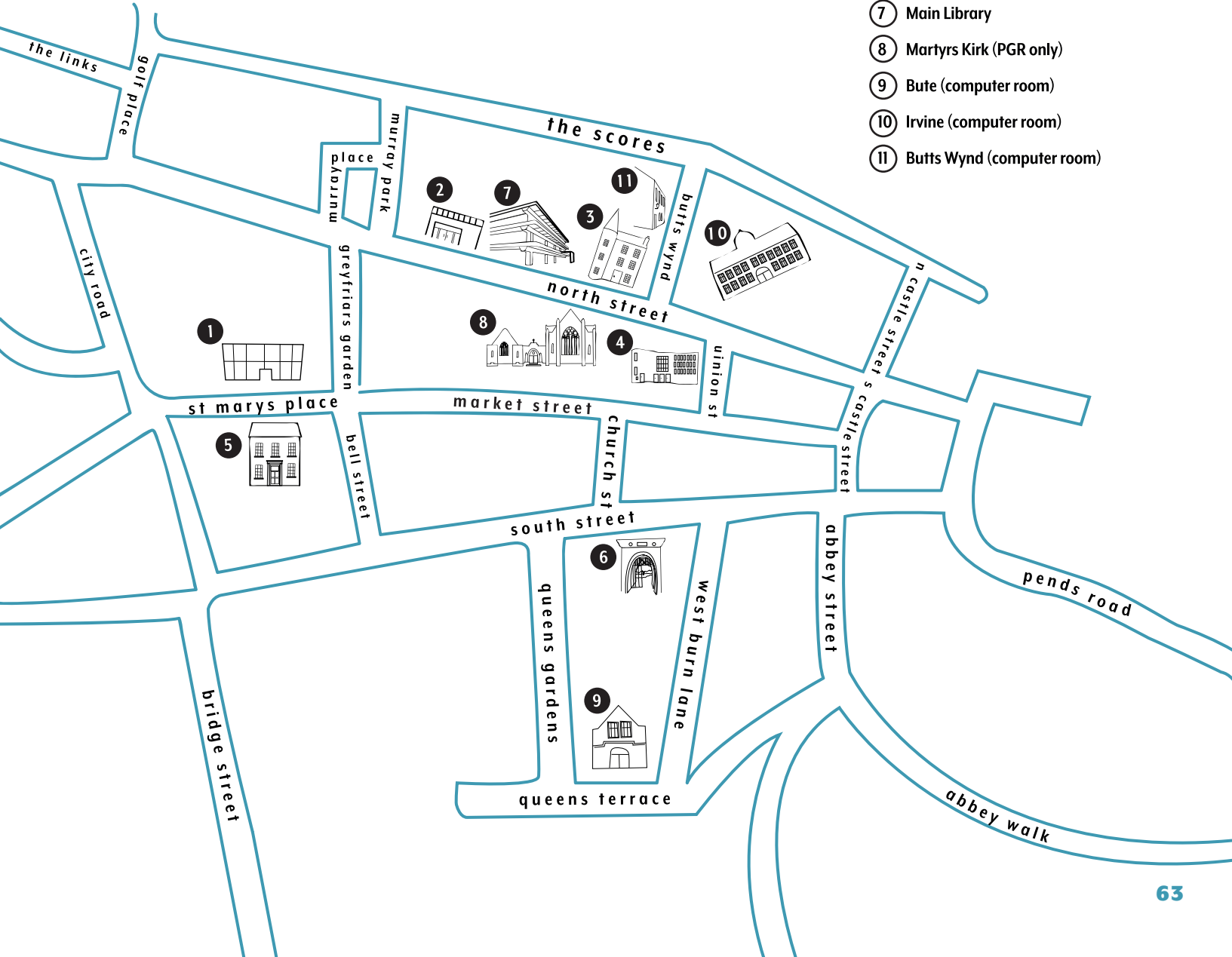
IT Services

There are a number of computers and printing facilities in every library and hall of residence. The University also maintains four 24-hour computer rooms throughout St Andrews.

You will need your student card for photocopying and printing through UniPrint. You will have a small amount of credit ready to use, and you can always top it up online.

There is free WiFi (Eduroam) for all students throughout University buildings. You will need to connect to 'uos-connect' with your St Andrews username and password to set up the profile to use Eduroam. If you have any troubles you can ask for help at the IT Helpdesk in the Main Library.

North Haugh: JF Allen Library, Gateway (computer room), Purdie (Dr Ettie Stewart Steele Reading Room), Purdie Common Room, School of Mathematics (computer room), School of Physics and Astronomy Level 2, School of Medicine Wedge (computer room)



- ① The Union
- ② The Barron
- ③ The Old Union Coffee Shop
- ④ The Buchanan (computer room)
- ⑤ Mansefield
- ⑥ St Mary's College and King James Library
- ⑦ Main Library
- ⑧ Martyrs Kirk (PGR only)
- ⑨ Bute (computer room)
- ⑩ Irvine (computer room)
- ⑪ Butts Wynd (computer room)

GLOSSARY

ACADEMIC ALERT

a warning email from your Module Coordinator if you're missing too many classes or missed a deadline. They exist to support you so if you get one talk to the Module Coordinator.

ACADEMIC APPEAL

an independent appeals process when students feel they have had an essay or exam unfairly graded, studies terminated, or their right to proceed revoked. The first step is to talk to your Head of School.

ACADEMIC PARENTS

typically third or fourth year students who adopt first years

ASC

The ASC Centre is your go-to place if you have a question about absolutely anything. It's on North Street, beside the pathway to the Library.

CAPOD

centre for academic, professional and organisational development.

GAUDIE

A torchlight procession along the pier on the 31st of April

MYSAINTE

the University web-portal, it offers a personalised, customisable overview of your University life and offers single-sign to all internal web services.

MATRICULATION

the essential registration to become a member of the student body.

MERMAIDS

the Performing Arts Subcommittee

MMS

Module Management System – all of your modules can be found on MMS and this is where you will upload coursework.

MOODLE

All of your modules can be found on Moodle and tutors often upload extra readings onto the Moodle page.

PH

cobbles outside the Quad at the site of Patrick Hamilton's death. Stand on it, and your degree gets cursed.

PROVOST

provides academic leadership for postgraduate students.

RAISIN

a two-day celebration with your academic families, culminating in a world famous shaving foam fight.

RECTOR

chair of the University Court – the supreme governing body of the university elected by the students to make sure they have a voice.

SABBATICALS

six students elected to help run the union and athletic union for the year

SAULCAT

the online search tool for the content of the library

SELF-CERTIFICATION

if you are going to miss a class for any reason, you must self-certify by logging onto e-vision.

SRC

Students' Representative Council

SSC

Student Services Council

SVS

St Andrews Voluntary Service

TGAP(Training in Good Academic Practice)

A compulsory training for all new St Andrews students about good academic practice. You must complete this in order to matriculate.

FOLLOW US

NEVER MISS A MINUTE



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@STANDREWSUNION



ST ANDREWS STUDENTS' ASSOCIATION



YOURUNION.NET

 union@st-andrews.ac.uk

 01334 462700

We love to be social and have lots of different ways of telling you what we're up to. We send a **weekly sabbatical email** and a **monthly Union email** straight to your inbox! Our website **yourunion.net** has up-to-date event, representation and support information.



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deadline*



*Hit the
dancefloor*

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