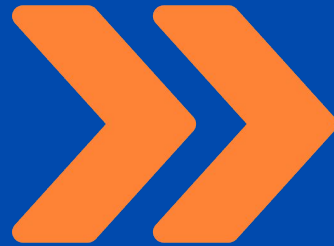


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» FOR »
AU PRES.

SPORT FOR STUDENTS, BY STUDENTS.

MANIFESTO 

SPORT *FOR*
STUDENTS



BY
STUDENTS

VISION:

So **everyone** can engage in **rewarding** and **valuable** sporting experiences that **enhance their university life.**

PROTECTING WEDNESDAYS

Protection from labs and classes to keep Wednesday afternoons free for all students

SUPPORTING RESOURCES

Creating a place for informational resources to be shared with all involved in sports

GYM INDUCTION SESSIONS

Support + Guidance for new users

STUDENT-ONLY SESSIONS

Creating student-only gym sessions and classes

PROTECT WEDNESDAY AFTERNOONS

Protection from labs and classes to keep Wednesday afternoons free for student sport.

On Wednesdays I will work to create a schedule of recreational sport options for non-sports club members. These free sessions will include activities like, dodgeball, basketball, futsal and other team sports and games and will provide an opportunity to relax, socialise and be active.

SUPPORTING RESOURCES

Creating a place for informational resources to be shared with all involved in sports.

This will involve creating a bank of resources across a variety of topics. I will hope to organise two or three events each semester on a few areas of interest. This could include: nutrition; leadership; wellbeing; green sport; psychology; careers and sport; REDs and women in sport; diversity and inclusion; event management and organisation.





Review the current volunteer structures. What development and support resources are available within Saints Sport and how do they work for its club committees and members?



Supporting volunteers and club leaders to deliver sport with enthusiasm and ease and recognising their work and dedication to Saints Sport and its clubs.



Advertise volunteer opportunities well – and beyond sports clubs. E.g. how to get involved in Junior Saints and the international volunteering programmes.



Create a bank of ideas and resources to help support club committees and make the structures and processes clear – something Jess has started and that should be continued.



WHY ME?

EXPERIENCED, ENGAGED, ENTHUSIASTIC

Sport has always been part of my life and I truly believe it can play a role for everyone.

Junior Saints volunteer and coach for the last two years.

Part of the 2020 cohort of Saints Leaders, gaining an intellectual appreciation for how sport can operate.

3 years on club Committees, as Secretary and later two years as President of a performance sport.

FISU Student Ambassador, working with BUCS to enhance student sport across the UK.

Event volunteer and organiser for Scottish Rowing, a National Governing Body.



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